

The South Eastern Times

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Authors to visit Millicent Library



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Packed schedule for Seniors Month



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Farmers surrender sheep amid fears



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Four-page TV Guide



INSIDE



Players bow out

Players from the Mount Burr Netball Club descended on Mount Gambier to drown their sorrows after a disappointing loss against Hatherleigh in the B reserves final.

Mount Burr netballers Olivia Montuori, Olivia Dean, Maddie Butler and Zali Burns celebrated Mad Monday, despite a loss against Hatherleigh on Saturday.

Activities expand

Millicent community members will benefit from more activities at the local ac.care community centre after it secured its own funding for the first time.

It was announced both the Mount Gambier/Berrin and Millicent community centres each received funding as part of the State Government's \$43m cash injection into community centres.

The two ac.care centres shared in the funding with 58 others across the state.

ac.care homelessness services manager Trish Spark said the community-based organisation had always received funding for its Mount Gambier/Berrin residence but often shared the finances with its Millicent centre.

"We have been funded for a while and it is ongoing funding so long as we reach our key

performance indicators," Ms Spark said.

"Millicent has been going really well with a couple of volunteers coming on board and I am really happy with how it is all coming along."

She said with this being the first time Millicent had received sole funding, it would allow for further expansion of programs and activities.

"There have been a couple of programs happening already including the coffee and chat, a walking group and also a digital inclusion program where there are volunteers who are teaching older people how to use smartphones and computers as well as the basics such as how to set up a MyGov account."

Full story page 3



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Cyclists will ride throughout the Limestone Coast in October as part of the Bicycle SA annual tour. Picture: FILE

Cyclists coming to South East

Hundreds of cyclists will head to the South East as part of a nine-day annual tour with Bicycle SA.

Between October 14 and October 22, over 200 cyclists from all over Australia are expected to take part in touring the Limestone Coast.

Bicycle SA chief executive Brett Gillett said the 2023 event has already sold out and it will be a great opportunity to showcase the region.

"Cycle tourism is a major driver of regional development in the state and events like this can leverage the investment made by the state in the Tour Down Under," Mr Gillett said.

Riders will start and finish in Mount Gambier / Berrin, with the tour taking them through Beachport, Robe, Kingston SE, Naracoorte, Penola and Coonawarra.

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NEWS



Members of the Oberlander and Busbridge families come together in this historic photo taken at nearby Lake Bonney.

Unknown families

It will be difficult to identify the people in this photo in the South East Family History Group collection but maybe someone has a named copy in their family album?

This historic photo was taken at the Lake Bonney Jetty and shows members of the Oberlander and Busbridge families. If you can help confirm the identity of those in this photo or the approximate year it was taken please con-

tact SEFHG researcher Colleen Hammat at the research centre Wednesday's or Saturday's 1-5pm on 8733 1100 (or leave a message) or via email info@sefhg.org.

Time to spring forward

The clocks are set to move an hour forward this weekend, with Daylight Savings Time kicking in on October 1.

The change will happen at 2am Sunday, when South Australia will move into Australian Central Daylight Time (ACDT), UTC+10:30.

As well as changing the clocks, Flinders University sleep experts Leon Lack and Gorica Micic said it was important for people to adapt their sleep schedule to cope with the change.

They recommended going to bed and waking earlier in the days leading to the transition and avoiding caffeine in the second half of the day.



Don't forget to move your clocks forward this Sunday, October 1.

Picture: UNSPLASH

Community help sought for bird count

South East residents are being asked to do their bit for conservation by taking part in the annual Aussie Bird Count.

The Aussie Bird Count, which runs from October 16 to October 22, calls on communities to spend some time outside and count the birds in their local area. BirdLife Australia public affairs manager Sean Dooley said the count has a vital role in collecting data on species diversity and populations.

"The Aussie Bird Count brings people together and promotes our connection with the land around us," Mr Dooley said.

"It's an ideal opportunity to spend time in one of the many beautiful parks and gardens in our country while also making a contribution to Australia's conservation efforts."

Mr Dooley said just 20 minutes a day watching birds outdoors could have a big impact.

"We aim to spark passion for birdwatching and encourage active participation in the event," he said.

"The Aussie Bird Count is a fantastic opportunity for all Australians to contribute to bird conservation in our beautiful country.

"By spending just 20 minutes observing and counting birds, participants can play a crucial role in protecting our unique avian biodiversity."

For more information, visit the Aussie Bird Count website.



BIRD WATCH: Residents are asked to take part in the annual Aussie Bird Count.

Picture: FILE

Millicent shares in millions

By Charlotte Varcoe

Millicent community members will benefit from more activities at the local ac.care community centre after it secured its own funding for the first time.

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The two ac.care centres shared in the funding with 58 others across the state.

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"We have been funded for a while and it is ongoing funding so long as we reach our key performance indicators," Ms Spark said.

"Millicent has been going really well with a couple of volunteers coming on board and I am really happy with how it is all coming along."

She said with this being the first time Millicent had received sole funding, it would allow for further expansion of programs and activities.

"There have been a couple of programs



ac.care's Trish Spark is celebrating news that the Millicent community centres has received funds.

happening already including the coffee and chat, a walking group and also a digital inclusion program where there are volunteers who are teaching older people how to use smartphones and computers as well as the basics such as how to set up a MyGov account."

Ms Spark said by having these programs readily available it would allow those who were socially isolated to learn new skills and connect with others.

"It brings a sense of belonging and gets people into more skills, builds resilience and

connection to their community in other ways as well," she said.

"It is a good indication that Millicent is tracking along well and we have had the Mount Gambier funding for a long time which was shared with Millicent but we have done a lot in Mount Gambier and now with this extra funding we can get more done in Millicent."

Ms Spark said ac.care was now asking for members of the community to step forward and volunteer to run programs in Millicent to better support those in need.

"We now want people in the community to let us know what they would like and we are continually on the lookout for volunteers whether it be with special skills or repair skills, anyone that thinks they could run an activity," she said.

"In Mount Gambier we have a craft group on Tuesdays, a Mums and Bubs group which is about to start up as well as music Mondays and we also have a couple of male volunteers who come in each week and cook up lots of different foods for lunch."

She said the Mount Gambier/Berrin community centre also has a bike repair workshop which happens in collaboration with other businesses in town.

"Volunteers at OneFortyOne are teaching people how to maintain their bikes and repair things which go wrong which has been good," Ms Spark said.

"We are working on more and more things and trying to get feedback from people who use the centre which is all quite exciting at the moment."

Minister for Human Services Nat Cook said the government "took great care" to ensure the funding was "fairly distributed" across the state to allow it to go where it was needed and where it would "make the difference to people's lives that it should".

Calling all bookworms: Two authors to talk

Book-lovers are in for a treat with two authors heading to Millicent in October.

First up is Chris Hammer, the leading Australian author of crime fiction.

His first book, *Scrublands*, was an instant bestseller when it was published in mid-2018.

His new novel, *The Seven* is a thriller filled with intrigue, emotional depth and an evocative sense of place—where nothing is ever quite what it seems.

Mr Hammer, the acclaimed and bestselling author of the international bestsellers *Scrublands*, *Treasure & Dirt* and *The Tilt*, can take his place among the world's finest crime writers.

He will be at the Millicent Library on October 5.

Tricia Stringer is the bestselling author of five women's fiction titles, *Table for Eight*, *The Model Wife*, *The Family Inheritance*, *Birds of a Feather* and *Keeping Up Appearances*, three historical books set in South Australia's Flinders Ranges and seven rural romances.

Queen of the Road won the Romance Writers of Australia Romantic Book of the Year award in 2013.

Riverboat Point was shortlisted for the same award in 2015 and *Between the Vines* in 2016.

Ms Stringer has spent most of her life in rural communities, as an owner of a Post Office and bookshop, teacher and librarian and now full time writer.

She will be at the Millicent Library on October 19 at 10am.



Tricia Stringer will be at the Millicent library next month.

Show time

Members of the Millicent Choral Society are preparing to showcase their talents with an old fashioned pleasant Sunday afternoon concert in a few weeks.

The Choral Society will be presenting a varied program with fun songs, some modern sacred music and choral favourites.

There will be supporting artists, a music quiz, and of course a splendid afternoon tea served at interval.

It will be held on Sunday, October 15, at 2.30pm in the Rendelsham Hall and an enjoyable show is guaranteed.

Tickets available at the door, \$15 per person and under 18s are free.



The Choral Society will be presenting a varied program with fun songs, some modern sacred music and choral favourites. Picture: FILE

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Extravaganza for seniors

By Sophie Conlon

The region's seniors will be celebrated in October with a month-long program designed to get people out and about and enjoying everything the community has to offer.

Celebrate Seniors Working Group co-ordinator Catarina Santos said she was looking forward to the celebrations kicking off with an opening ceremony on Tuesday, October 3.

"For the official opening we have Jack Harry, who is an Elvis impersonator, and Anne Fraser, she is a country singer, and we've got the Piano Man, who is really good on the piano and sings," she said.

"We have had some great activities return by popular demand, as well as introducing some new and exciting events that will surely interest many seniors."

Program highlights include live music, open days, cooking demonstrations, art classes, dancing and more and Ms Santos said it would be a jam packed month.

"We try and incorporate many music events on the program, the dancing demonstration incorporates rock 'n' roll, the waltz, ballroom and line dancing," she said.

Ms Santos said 5THE FM would host an open day and there would also be a concert by music students at Millicent High School.

"There will be more local young talent happening on stage," she said.

The program will host events all over the Wattle Range Council area including Millicent, Penola, Beachport, Glencoe, Maaoupe and Kalangadoo and Ms Santos said she was extra excited about one of the Penola events.

"The Mount Gambier City Band, I'm so

excited, they're coming on Sunday [October 29] and they will be performing in the Penola Town Square and after that everyone has been invited to have afternoon tea with the Terra Rossa CWA group," she said.

With the program running since 2011 Ms Santos said they always received great feedback and were looking forward to another successful Seniors Month.

"We are trying to target those who are isolated or homebound, just trying to get them out and about and interacting, having fun and mixing and building friendships," she said.

"The seniors know that in October there is a program for them and they are keen to see it.

"A lot of them say there is lots on and there is such a wide variety of events to target

everybody's taste."

The Stumpy Gully Bush Band will return for the closing ceremony on Tuesday, October 31, which Ms Santos said would also include the Senior of the Year Presentation.

"The Senior of the Year nominations close on the 16th, so hopefully we'll get nominations before that date," she said.

All events in the program are free, except two which are subsidised by the council, and most will have morning or afternoon tea provided.

The program is available on the council's website or in local businesses and bookings are essential online through Humanitix, at the Millicent Public Library or one of the Visitor Information Centres at Penola, Millicent or Beachport.

Research looks to seaweed for skincare

Rivoli Bay seaweed could be the next big thing in anti-aging skincare, with researchers at Flinders University finding the plant can stimulate and boost the skins collagen production by as much as 16 times the normal rate in 48 hours.

Flinders University College of Medicine and Public Health professor Wei Zhang said they found South Australian brown seaweed extracts had huge potential to be used to help slow the effects of aging on our skin.

"Collagen acts as a building block for bones, teeth, muscles, skin, joints and connective tissue, while elastin gives skin its elasticity and strength – and both these proteins are popularly promoted by the beauty industry as essential for the appearance of healthy skin," he said.

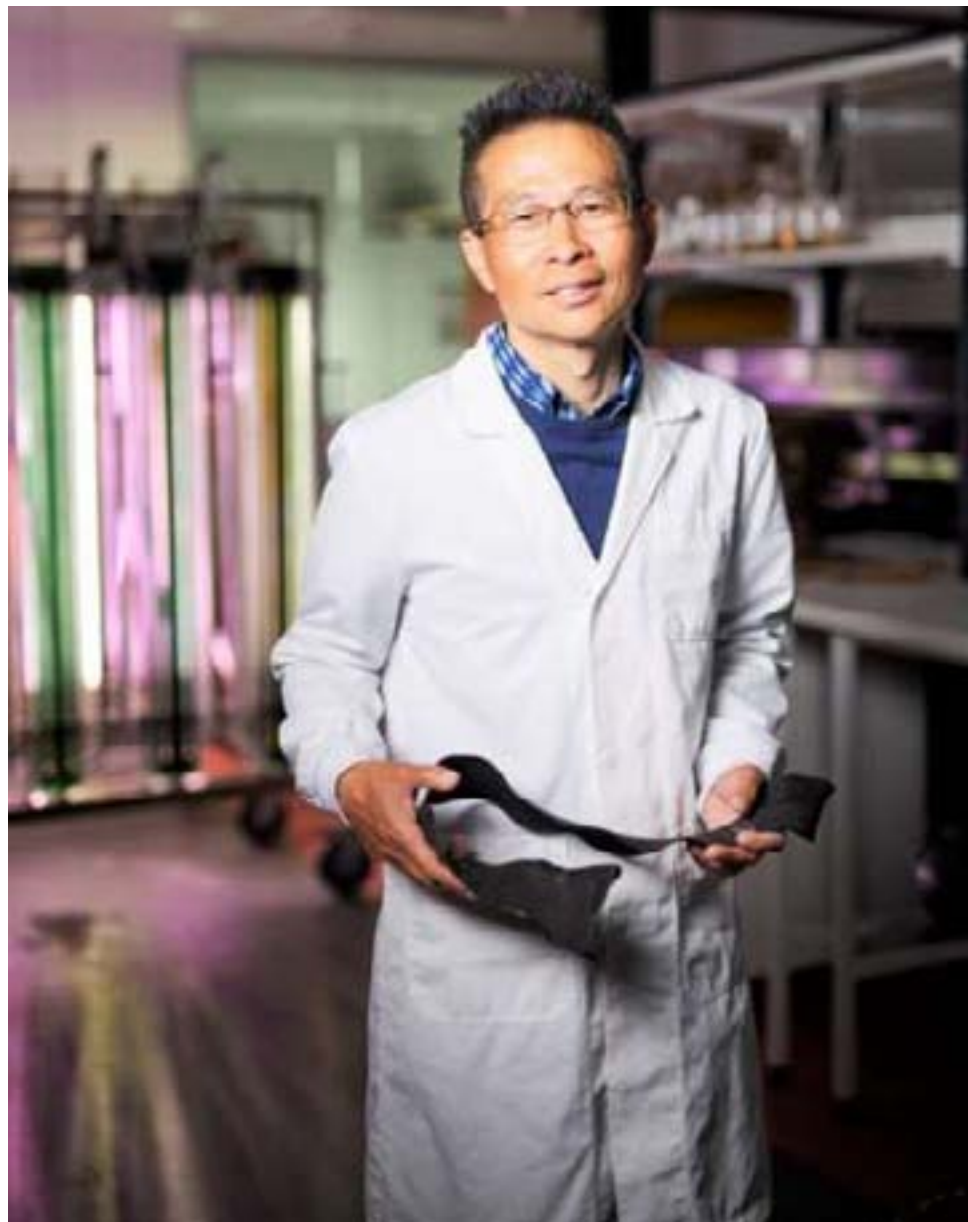
"Our findings will help to fill knowledge gaps and sustainably develop brown seaweed advancement in topical and supplement skincare products."

Species of seaweed studied included *Ecklonia radiata*, *Cystophora moniliformis*, and *Cystophora siliquosa* which were collected from freshly deposited beach-cast seaweeds in Rivoli Bay, Beachport.

Prof Zhang said researchers found extracts from the seaweed not only stimulated the growth of collagen, but also inhibited a process called glycation, which leads to the deterioration of collagen and elastin.

"So far anti-glycation agents haven't been strong enough to have a major impact on anti-aging, so our discovery is really exciting as we can see the potential to develop stronger anti-glycation extracts from brown seaweed," he said.

The professor said a patent had been filed and the research team were now looking for investors and industry partners.



Professor Wei Zhang with South Australian brown seaweed. Picture: SUPPLIED

Securing up property against fire

By Sophie Conlon

Eighteen farmers across the Limestone Coast have received grants to help them build Farm Firefighting Units (FFUs) to protect their properties in the event of a fire.

Round two of the Regional Capability Community Fund saw one person each from Wattle Range and Kingston District Councils as well as four people from Tatiara District Council, two from Grant District Council, and 10 from Naracoorte Lucindale Council receive the funding.

The FFU grants support landowners to purchase equipment like water tanks and pumps or first aid kits and personal protective clothing to improve community safety and capability to respond to fire emergencies.

Minister for Emergency Services Joe Szakacs said FFUs were crucial to help farmers keep their loved ones, properties and livestock safe.

"Those that apply for these grants are often the first on the fireground and they must be properly resourced," he said.

The grants were part of the state government's budget promise of \$2 million over four years and allow recipients to be reimbursed between \$200 to \$3,000 for the purchase of eligible equipment.

With almost 200 grants given throughout the state Mr Szakacs said it was great to see so much uptake in the program.

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Farmers surrender sheep

By Tyler Redway

Local farmers have begun surrendering their ewes, rams and lambs to shelters and other properties due to growing fears for the upcoming summer season.

This comes following the announcement of an El Nino development for Australia, which is predicted to cause hotter and drier weather nationwide, which has prompted concerns of a limited food supply for farmers to support a full flock.

Limestone Coast saleyard markets have been severely impacted and sheep farmer Dale Price, who has had more than 50 years of experience in breeding Poll Dorset rams, said sheep farmers have taken an income cut between "50 and 60 per cent" compared to the previous year.

However, Mr Price said he had personally been "blessed" by the current season his property was having and was optimistic about making it through summer comfortably.

"It was like this many years ago and it really reflects the sell-off in areas which are affected by current or pending drought at the moment," Mr Price said.

"I am more optimistic, we are in a very fortunate part of Australia and at this point in time our season continues to be good.

"We have a surplus of hay and other feed from previous years so if necessary, we will use that to tide us over during the summer period."

Mr Price said mutton prices are expected to drop by 75 per cent compared to last year while surplus stock of sheep will potentially be \$150 cheaper to sell than previous markets.

"The viability of many farmers will start to look pretty sad and the unfortunate thing about it is the people who will be most impacted will be the young farmers who are trying to establish businesses, often with quite a bit of debt, the current interest rates, the decline in income and the cost of production will come together and will make it a very challenging task," he said.

Mr Price said the biggest factor affecting the current issues with feed was the amount of rain in the region, but added it was not a concern for his own flock.

"The other thing which compounds it is the ban of export for live sheep from Western Australia because they don't have the processing capacity over there to handle all of the sheep and it has shaken the confidence of farmers I have been in contact with from Western Australia," he said.

"It has indicated that more people are likely to go out of sheep production and it is an issue because not only does it impact the Western Australian farmers, it will also impact those in the eastern states as well in time.

"Unlike other areas, we are not forced to sell stock due to a lack of feed which is caused by a lack of rain.

"A general rain across Australia would turn the situation around rather quickly, so I am quite confident about that, but of course the El Nino prediction continues to cause concern among producers who have already been hit



Piling up: Lambs, ewes and rams are being surrendered to shelters and other properties by farmers in hopes to ease the pressure the upcoming summer season will bring to the industry. Picture: SUPPLIED

by the dry season."

Animal Rescue Cooperative (ARC) South Australian coordinator Rebecca Alexander said the orphan lamb rescue farm she managed was being overrun by a large number of lambs and pregnant ewes being surrendered to the property.

Ms Alexander said this caused costs for feed such as hay and lucerne to jump which affected her total budget.

"This year, we have had just over 30 orphan lambs come in, the number varies each year and depends on what farmers go out and check their lambs," Ms Alexander said.

"We also had about 12 pregnant ewes surrendered this season and they have all dropped lambs, whether it has been twins or triplets, so we had at least an extra 25 lambs from them, which luckily they were all great mums to them.

"I think we have used three bulker bags so far, so our food has tripled and we have started feeding them hay earlier than what we would, just because of so many which we have, so we can't sustain them on just grass."

Ms Alexander said one case of surrender in particular was from a farmer who was unable to keep caring for the animals and did not want the lambs to be used at the saleyards or for meat.

"He (the farmer) wanted them to stay as pets so we could potentially find pet homes for them once they had their lambs," she said.

"We couldn't turn them away when he sought us out and really wanted them to come here so we could find the best homes for them.

"We are still a rescue, which usually means short-term care only, so we do have to do adoptions and it is obviously very hard to put out sheep or lambs as pets and to try and do

everything we can so they go to pet homes and won't just be sold for meat."

Ms Alexander said she and her husband would be in a "desperate situation" in terms of their own food if they received a continuous number of surrenders, but still welcomed them regardless.

"It's a tricky one because we are self funded, so we are already overstocked on our land as such because we have had all the extra come in this year plus the 30 extra orphaned lambs," she said.

"We are looking at the costs to maintain what we already have because we wouldn't want to take anything we can't afford to feed.

"We want to make sure we still have the funds to care for them, give them food and provide vet expenses because obviously they are quite high as well."



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CALENDAR OF EVENTS

COMPILED WITH THE ASSISTANCE OF WATTLE RANGE COUNCIL

SEPTEMBER

28 September

- Coonawarra Cabernet Celebrations Golf Day

29 September

- Radio 5THE FM presents Spicks & Specks Quiz Night at Millicent Soccer Club
- Coonawarra Cabernet Celebrations Golf Day at Penola Golf Club

30 September

- Millicent Spring Orchid Show at Millicent Showgrounds
- Beachport Market Day at Railway Terrace, Beachport

OCTOBER

- All of October: Coonawarra Cabernet Celebrations

1 October

- Kingston Show
- Blessing of the Fleet, Beachport

5 October

- Author Talk with Chris Hammer at Millicent Library

14-15 October

- Quilts in the Garden at Short
- Open Garden at St Mary's

15 October

- Millicent Choral Society at Rendelsham Hall

19 October

- Author Talk with Tricia Stringer at Millicent Library

20 -23 October

- 2023 Geltwood Festival

NOVEMBER

11 November

- Coonawarra Running Festival

17 November

- Stand Like Stone Movie Night

REGULAR EVENTS

Every Monday

- Senior Citizens, Millicent RSL
- Yoga at Beachport
- Ukulele classes at Penola RSL
- National Karate Academies, Penola Primary School Hall
- Millicent Choral Society practice, High School music room
- Penola Lions Bus to Mount Gambier
- Leggo's Boxing Training, Penola Basketball Stadium
- Table Tennis Club - Millicent Squash Club

Every Tuesday

- Red Cross Community Shuttle from Millicent to Mount Gambier
- Yoga at Millicent, Community Learning Centre
- Dance to Keep Fit, Beachport
- Millicent Men's Shed
- Melody's Performing Arts classes, Rymill Hall, Penola

Every Wednesday

- St Mary's Op Shop, Penola
- Millicent Art & Craft Group, Pottery
- Penola Men's Shed
- Social Bowls, Penola
- Ladies only Burlesque classes, Nangwarry
- Social tennis, Penola
- Fun exercise classes, Millicent Uniting Church
- Leggo's Boxing Training, Penola Basketball Stadium
- Cards at Beachport Cinema
- Crafty Kids @ the Penola Community Library
- Lions Club of Wattle Range Lioness Bookshop, 47 George Street, Millicent

Every Thursday

- St Mary's Op Shop, Penola
- Seniors Online, Millicent Library
- Craft at Beachport Cinema
- Millicent Men's Shed
- Ladies only Burlesque classes, Nangwarry
- Red Cross shuttle from Millicent to Mount Gambier
- Beachport Ukulele Group
- Indoor Social Bowls, Millicent Uniting Church
- Family connections program, Penola
- Craft at Beachport Cinema
- Beachport Twilight Golf and Twilight Bowls

Every Friday

- Lego Club, Millicent Public Library
- Lions Club of Wattle Range Lioness Bookshop, 47 George Street, Millicent
- St Mary's Op-Shop, Penola
- Seniors Online, Millicent Library
- Penola Bowls women's competition
- Millicent RSL Open
- Fun exercise classes, Millicent Uniting Church
- Dance classes, Penola
- Bar open Coonawarra Community Club

Every Saturday

- Kalangadoo Farmers Market
- St Mary's Op Shop, Penola
- Millicent Art & Craft Group
- Penola Bowls Club men's competition
- Penola Croquet Club
- Aqua aerobics, Penola pool
- Lions Club of Wattle Range Lioness Bookshop @ 47 George Street, Millicent

Every Sunday

- Beachport Ladies Golf Day
- Millicent Men's Shed

First Friday of the month

- Penola Community Library Book Club, Penola Community Library

1st Thursday of the month

- Wattle Range Suicide Prevention Network Meetings, Millicent

2nd Tuesday of the month

- Wattle Range Council meeting, Millicent Council Chambers

First and third Thursday of the month

- Book Club, Millicent Library

2nd & 4th Thursday of the month

- Scribblers Writing workshop, Millicent Library

3rd Tuesday of the month

- Millicent Local History, Library
- Millicent Probus Club

Penola Probus Club

Last Friday of the month:

- Coonawarra Hall tea night
- 2nd Sunday of the month
- Penola Hospital garden working bee
- 2nd Friday of the month
- Penola Bowling Club Friday Night Teas

3rd Sunday of the month:

- Beachport Hotel family fun day and jam session

4th Thursday of the month

- South East Family History Group meeting
- 4th Friday of the month:

Beachport Film Society showing

Last Monday of the month:

Penola Leo Club

Last Tuesday of the month:

- Millicent Cancer Support Group meeting
- Every Fortnight
- Millicent Showground Markets

COUNCIL COMMUNICATIONS



Current Consultations

- Council is currently seeking community feedback on the following issues:
- Draft Plant & Equipment Asset Management Plan (Survey closes October 13)
- Millicent Lions Park Upgrade Concept Designs (Submissions close October 18)

For more details, including how to 'have your say' visit www.engage.wattlerange.sa.gov.au.

Temporary Road Closure – Beachport Market Day

The seaside community of Beachport will be holding their annual October long weekend market day this Saturday. Residents and visitors to the town are advised that Railway Terrace (from Foster Street to Beach Road) Beachport will be closed to vehicular traffic from 8.30 am to 2 pm on Saturday, 30 September 2023 to facilitate this event.

Meet with the Development Team

During these free sessions you can speak face-to-face with a member of the Development Team, giving you the opportunity to ask any planning related questions you may have. Sessions will be held from 9 am to 12 noon at:

- Beachport Visitor Centre on Wednesday, October 4
- Penola Visitor Centre on Wednesday, October 18

No appointments necessary

October Community Mulch Day

Council's final FREE mulch day for the year will be held on Sunday, October 15 from 10am to 2pm at the Millicent Saleyards. Wattle Range Council residents and community groups are welcome. A loader will be onsite to fill your ute or trailer. Bring your personal protective equipment and a tarpaulin to cover your load.

Questions? Contact Council's Engineering Office on 8733 0901 or visit www.wattlerange.sa.gov.au/wasteinitiatives

FREE Green Waste Disposal

To assist residents in cleaning up their properties ahead of fire danger season, loads of approved green waste can be disposed of without a voucher at the Millicent, Penola and Beachport Waste Transfer facilities from the 1st of October until the end of November 2023. Conditions apply.

For more information visit www.wattlerange.sa.gov.au/wasteinitiatives

Celebrate Seniors & Senior of the Year Award

A jampacked program of events has been scheduled for Celebrate Seniors this October. Nominations Senior of the Year close on Monday, October 16.

The Celebrate Seniors program & Senior of the Year Nomination forms are available at Council's offices, the Millicent Library or on our website at www.wattlerange.sa.gov.au/celebrate-seniors

School Holidays Program

An exciting program has been set for the upcoming school holidays in Wattle Range. There will be a wide range of interesting and fun activities held across the region, catering to youth up to 17 years of age.

Visit www.wattlerange.sa.gov.au/school-holiday-activities to view the full program and how to book.

Your Council Update

Have you read Council's monthly newsletter 'Your Council Update'? Look out for it on your local community noticeboard or read it on our website.

For further information on Wattle Range Council visit www.wattlerange.sa.gov.au or Find us on Facebook

Claris
THE CHICEST MOUSE IN PARIS

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Free activities for the kids

School holidays are set to be a hit in the region with a great line up of free activities planned for young people across Millicent, Penola and Beachport.

The spring edition of the Full Throttle in Wattle school holiday program will see children explore and kayak at Lake Leake, enjoy a movie on the big screen and create bird feeders among other activities. Wattle Range Council's director development services Emma Clay said the program was possible thanks to support from the community.

"Close collaboration between hardworking volunteers, community minded local businesses and Wattle Range Council again makes it possible to deliver such a vibrant and diverse school holiday program," she said.

"As a highlight event we are very excited to be able offer an exploration of Lake Leake and its creatures facilitated by the Limestone Coast Landscape Board, which will be followed by a kayaking session with Lake Leake Kayaks.

"In other opportunities, kids are invited to come and create pet rocks and fairy or dinosaur gardens that glow in the dark at Millicent

Mitre 10, try out our Virtual Reality headsets at the Beachport Visitor Information Centre, and in Penola you can head on into Penola Home Hardware to add a pet rock to your family or learn how to make bird seed ornaments for your feathered friends."

Millicent Library manager Janice Nitschke said she was looking forward to the atmosphere the holidays bring to the library.

"The Library will again be buzzing with innovative craft, wooden dioramas and flower planters, jigsaw making, superhero face masks, dinosaur pull-a-longs and magnets," she said.

"Of course, there is always the very popular digital technology, VR headsets and gaming on X-Box and Switch.

"The two-weeks of library activities will be capped off with a session creating a painted pebble Mandala in the Art Gallery."

The entire Full Throttle in Wattle Spring School Holidays Program is available on council's website and bookings are essential through Humanitix or by the Millicent Public Library.



Children will again have the opportunity to try out virtual reality equipment at the Millicent Public Library. Pictures: FILE



Banner Mitre 10 store manager Katherine Ross is once again looking forward to hosting Full Throttle in Wattle activities.

Concerns for increased risk in upcoming fire season

By Aidan Curtis

Forecasts of drier than average conditions has local Country Fire Service (CFS) personnel concerned the Limestone Coast could be in for a rough fire season.

CFS Region 5 Commander Jason Druwitt said having dry conditions in the months ahead will lead to an increased risk of fires.

"CFS is going to be monitoring this closely and taking this into consideration," he said.

"CFS is actively encouraging people to start preparing their properties for the impending fire danger season."

To aid in preparations, Mr Druwitt encouraged South East residents to get a jump start on their bushfire preparedness to reduce the risk to their families and properties.

"Clean around and in your gutters, mow

the grass and any fence lines you've got, remove any flammable materials you may have close to your house," he said.

"Having a bushfire survival plan is really essential, whether it's the five-minute plan you can get off the CFS website, or something more in-depth.

"The real key part is, once it's been developed, we really want them to include their whole family in that bushfire plan or part of their preparation as well."

Despite concerns CFS was low on volunteers in the region, Mr Druwitt said numbers had been stable over the last few years, but having more certainly would not hurt.

He said volunteering was just one way people could make an impact and help CFS when it actually came to battling blazes.

"Not only are they volunteering with the Country Fire Service, a great organisation, they're actually volunteering for their community," he said.

"Another really good way is the preparation piece, because when something does start and our crews are out fighting a fire in the landscape, the best thing is if people know what their survival plan is and they've also undertaken preparedness activities.

"When or if there is a fire impact within the community, it's not just about CFS, our community is who we are so to rally around your people in your community and make everybody feel valued."

Mr Druwitt also thanked all current CFS volunteers, along with the families and employers who support them through their duties.



Country Fire Service Region 5 Commander Jason Druwitt encouraged people to start readying their properties for the upcoming fire danger season. Picture: FILE

Livestock & Property



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RLA 44072

Wine festival fills month

The Coonawarra wine region has a full schedule ahead with the return of the Coonawarra Cabernet Celebrations festival running throughout October.

During the festival, locals and visitors alike will be spoiled for choice with more than 70 events on the books.

Coonawarra Vignerons events and marketing manager Heidi Guyett said there is something for everyone with all the food and wine experiences on offer.

"Our member wineries have gone to great lengths to offer an exciting array of events," Ms Guyett said.

"From family fun days to high-end wine dinners, vertical tastings to blending workshops, winery tours, masterclasses, and long lunches, the region will offer visitors (and locals alike) the opportunity to experience and discover the best of Coonawarra."

For Rymill Cellar Door team leader Tammy Duncan, the month looks to bring family fun to the region so the little ones can get involved too.

"We're looking forward to creating an afternoon of carnival magic, with amazing food from PB's Hot Stuff and Turk Bey Food Truck, live music from Mark and Wendy Moffatt, plus loads of cracking wines and activities for all ages," Ms Duncan said.

"If the kids are entertained, we know it makes an even more enjoyable day out for the parents, and as the wine flows, so does the fun.

"It's a perfect way to kick-start the school holidays and celebrate the long weekend."

The festival officially kicks off from September 29 and runs until October 31.

To view the full program of events, visit the Coonawarra Vignerons website.



There will be a range of food and wine events throughout the Coonawarra wine region this October.

Picture: SUPPLIED

'Every tree is regrown': Deforestation claim rejected

By Charlotte Varcoe

A report into deforestation across the globe has ranked Australia in the top five for average deforestation between 2015 and 2020 despite a decrease in deforestation since 1990.

The Utility Bidder report states within 2015 and 2020, a total of 416,840 hectares of forest was removed from the nation.

This is down by 209,360 hectares from 1990.

Brazil reported the highest deforestation between 2015 and 2020 with 1,695,700 hectares. It also states India has had the highest increase in deforestation between 1990 and 2020 of 284,400 hectares.

Speaking to The Border Watch in response to the report, South Australian Forest Production Association chief executive Nathan Paine rejected the idea of deforestation in Australia stating it was all sustainably sourced.

"When it comes to native harvest of the forest, every tree is regrown and all those



South Australian Forest Production Association chief executive Nathan Paine rejected the idea of deforestation in Australia.

crops have been harvested before, sometimes on multiple occasions," Mr Paine said.

"What we do is everytime we harvest a tree we plant it again which is a critical point when we talk about deforestation."

He said on a global scale deforestation needed to cease despite an increase in demand for fibre.

"We have situations such as the end of native harvesting in Victoria and we will import from other countries which are not up to the same ethical standards," Mr Paine said.

"We need to make sure we are not importing someone else's deforestation and make sure we have sustainable fibre into the future."

He said now was the time to plant more trees in the ground to enable the future need for fibre products such as paper, compost or structural framing.

"We need more trees in the ground and that will ensure we have the capability to have all our fibre needs domestically rather than imported where they might not have the same ethics," Mr Paine said.

"We need to make sure we are not importing deforestation and make sure we have the right policy setting to get trees in the ground for the future."

Livestock & Property

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RLA 44072



Angela McDonough and Dwayne Johnston.



Mathew 'Miffy' Pohlner and Andrew Donehue.

Mad Monday celebrations

By Sophie Conlon

Players from the Apollo Soccer Club and the Mount Burr Netball Club descended on Mount Gambier/ Berrin to celebrate their wins and commiserate in their losses after the completion of their respective competitions.



Maddie Butler and Olivia Dean.



Stacey Lownds, Maddie Butler and Karen Heyward.



Charlotte Stafford, Maddie Ryan and Zoe Brooksby.

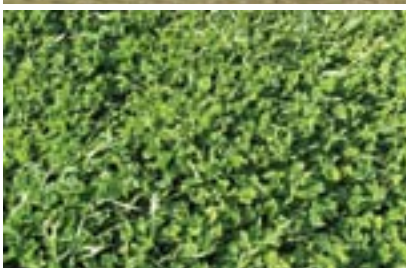


Apollo Soccer Club Reserves celebrate their win.



Dwayne Johnston, Billy Pearce and Luke England.

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Geoff Watts
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 RLA102485





Community members at the open night.



Agriculture teacher, Cory O'Connor with student Cameron Braendler.

Agriculture Centre opens

Penola High School recently hosted its highly anticipated Open Night, which provided parents and community members with a unique opportunity to explore the newly renovated Agricultural Block (Ag Block).

The event, coordinated by the school's dedicated students, was a resounding success, as it showcased the impressive improvements made to the Ag Block and the students' enthusiasm for their learning environment.

Penola High School opened its doors to parents, guardians, and the local community for an immersive experience within the revamped Ag Block.

The event served as a platform for students to demonstrate their practical skills and knowledge gained through the school's agricultural programs. Penola High School's Open

Night was undeniably a success, with parents and community members leaving impressed by the dedication and skills of the students.

The new and improved Ag Block is a testament to the school's commitment to providing a cutting-edge learning environment for its students.

As Penola High School continues to invest in its agricultural programs, it is clear that it is shaping the future of agriculture while nurturing young talent.

We look forward to witnessing the continued growth and success of Penola High School and its students in the field of agriculture.

Thank you to everyone who attended the Open Night and showed their support for this exceptional institution.



Rikki Helps, with son Lindsay.



Student Alexis Pollard



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Situated on the calm waters of Lacedpede Bay these two parks offer both low cost (budget) camping to full service powered site and quality accommodation in both budget; upmarket cabins and villas.

Currently operated by Council who are looking at attracting a quality private operator under a commercial lease of 42 years for the main caravan park and a separate licence to operate the easily run R.V. Park.

The parks are trading well but with an experienced business operator & marketing these parks offer huge potential growth.

The tourist park on 1.72ha currently provides 2 camp kitchens, 2 amenities blocks, 65 pvd sites, 14 un-powered sites, 14 cabins/villas and 3 annuals in their own vans.

The RV Park has use of nearby public facilities it provides approximately 50 – 70 grassed sites with ability to expand. Access is by auto ticketing & boom gate entry.

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All aboard this Sunday's Blessing of the Fleet

The annual Blessing of the Fleet will be held in Beachport this Sunday.

Beginning at 3pm, skippers, deckhands, families and spectators will gather at the Rotunda to celebrate the start of the cray fishing season.

There will be a sail past, and everyone is welcome to attend the occasion.

The Jumping of the Cross will also be on again, with all participants receiving a Lions donut voucher.



Red meat demand surges

Shoppers are increasingly putting red meat in their trolley as retail prices push back against the inflation trend being seen more generally at the supermarket checkout.

This is according to Meat & Livestock Australia (MLA), which provides free and transparent market information and analysis service to the red meat industry. As part of this commitment, MLA has analysed the relationship between prices seen for livestock at the saleyards, and prices of red meat at the shops.

Throughout this year livestock prices for cattle and sheep have declined significantly following historic highs in 2022. While livestock prices have decreased this year, MLA notes that the reduction in average retail price of red meat lags prices paid to producers by approximately eight months. This is due to the amount of supply available, demand for Australian red meat in export markets, and rising input costs through the value chain.

In the previous 12 weeks to 13 August 2023, retail prices for beef and lamb have declined significantly, following a trend that's continued throughout 2023, demonstrating that the fall in livestock prices has started to impact the price paid at the checkout.

Retail prices and demand

The performance of Australian lamb and beef in the domestic market remains solid, with both proteins growing in sales volume and overall value. When comparing the last quarter with the same period last year, value growth for beef is 1.8 per cent and for lamb is 4.2 per cent.

Data from NielsenIQ HomeScan shows a 7.3 per cent reduction in the price consumers are paying for lamb compared to a year ago, which is supporting a 12.4 per cent increase in volume of lamb purchased at the cash register.

According to Nathan Low, General Manager of Marketing and Insights at MLA, lamb has seen a boom in purchases in recent months, as consumers notice its falling price and jump on the opportunity to purchase a high quality and nutritious protein.

"The price reduction is translating to increased purchasing frequency for several cuts," Mr Low said.

"This is especially the case for the most popular cuts like lamb legs and chops, which are up 20 per cent compared to one year ago.

"Consumers see these price reductions and purchase more as a result. As this happens, retailers are looking to bring in customers with competitive pricing through catalogue promotions, and increased stock on the shelf," Mr Low said.

For beef, NielsenIQ is reporting 7.1 per cent growth in volume in the last quarter, compared to the same period last year, with an average retail price decrease of 4.9 per cent. Frequency of purchase and volume per purchase



While livestock prices have decreased this year, MLA notes that the reduction in average retail price of red meat lags prices paid to producers by approximately eight months. Picture: SVEN BRANDSMA/UNSPLASH

are both up in the latest quarter as well.

"Consumer perception of beef and lamb is strong," Mr Low said.

"Tracking by Kantar, commissioned by MLA on behalf of industry, said that consumers see both beef and lamb as increasingly worth paying more for due to their high quality and taste."

Relationship between livestock and retail meat prices

Historically, data on supply, pricing and consumer demand shows that it takes about eight months for livestock prices to translate to the retail shelf.

The last time in recent history that beef prices dropped considerably was in 2012, with

the lag to shelf arriving eight months later, with those lower prices remaining for about nine months.

For lamb, which has seen a drop in prices in the fourth quarter of the calendar year every year since 2018, it experienced significant price drops in 2012-13 and 2016-2018. Correspondingly at this time, retail pricing took about nine months to fall.

According to Mr Low, there are a variety of factors that drive pricing in the retail market, as well as additional supply chain pressures occurring currently.

"Livestock prices are only one component of retail meat prices," he said. "Producing retail meat requires investment in energy costs, transport and freight costs, labour costs,

packaging and disposal costs, retailer margins, processor margins, PPE and hygiene, all of which have increased in price over the last year, along with almost everything else.

"This is important to remember when considering when livestock prices increased as they did to historical highs last year. When saleyard prices were at those highs a year ago, retail prices increased but not at the same rate.

"What we are seeing now is that same trend, just in the opposite direction. Consumers need a degree of certainty for their shopping basket and retailers smooth the retail pricing impact over the longer term, rather than sharply increase or decrease the price of meat in accordance with livestock prices."

Championing red meat

Australians who are passionate about the red meat industry are being sought for the next round of the highly successful Red Meat Ambassador program.

The program is run by Meat & Livestock Australia and is now taking expressions for interest for a series of courses to be run later in 2023 and the first half of 2024.

The Red Meat Ambassador program is an intensive development opportunity that offers participants professional training in communication through media and social media, community engagement and building trust with consumers.

MLA industry engagement manager Lindsay Kasprovicz said the program continues to be highly rated by participants, with more than 300 people now equipped with the skills to effectively tell the great story of Australian red meat production.

"When it comes to areas that matter most to consumers – animal welfare, sustainability and nutrition – Australian red meat stands out as having the highest standards and quality in the world," Ms Kasprovicz said.

"The ambassadors program is all about equipping passionate people with the confidence and skills to engage with people outside of agriculture to help grow the community's confidence in our industry's credentials."

MLA will deliver seven Ambassadors workshops in the 2023-24 financial year, with one in Adelaide on February 28-29, 2024.

"Participants will gain new skills to effectively communicate with consumers about red meat production, industry sustainability, and best practice farming," Ms Kasprovicz said.

"MLA's consumer sentiment research shows our industry has great support from the Australian community, but we need to be proactive in reaching out and engaging with them. This program will equip our industry's finest to do just that."

Find out more at mla.com.au/marketing-beef-and-lamb/mla-ambassadors-for-the-red-meat-industry-program

Emergency drinking water requests up 250 per cent

Rural Aid has experienced a drastic increase in the number of drinking water requests from Australian farmers.

The charity has been delivering water tank refills to registered primary producing families for a number of years.

In the past year, drinking water requests have increased by 250 per cent.

Rural Aid chief executive officer John Warlters said dry times have hit early and hit hard.

"Farmers around the country have been unsettled by how quickly the rain 'tap' has been turned off," Mr Warlters said.

"In June last year, Rural Aid received six requests for a water tank refill. In June this year, Rural Aid received 21 requests for a water tank refill.

"It's a huge increase and shows that the pain of low rainfall is already being felt in the bush.

"Rural Aid believes no Australian farmer should live without access to clean drinking water."

In addition to paying for water carters to deliver fresh drinking water to farmers, Rural Aid also runs a tank delivery program.

In the past year alone, Rural Aid has delivered 163 water tanks to primary producing households across Australia.

Victorian dairy farmer Mark Laity said the water tank he received from Rural Aid was a huge boost.

In the past five years, he's faced severe drought, life-threatening bushfires and floods on his East Gippsland property.

Mark and his family ran out of drinking water in the drought.

"There was no water left here at all, not even a drop in any of the dams, they were all bone dry. The creek stopped running; the whole lot," Mark said.

He thanked Rural Aid for his tank, which provided much needed water security.

For more information on Rural Aid's Water Hero campaign, visit waterhero.ruralaid.org.au/



Minister for Agriculture, Fisheries and Forestry, Murray Watt agreed to the panel's request for a short extension.

Picture: AAP IMAGE/LUKAS COCH

More time for sheep report

An extension has been granted to the independent panel overseeing advice on how and when the government will phase out live sheep exports by sea.

Minister for Agriculture, Fisheries and Forestry, Murray Watt agreed to the panel's request for a short extension to enable them to complete their research, deliberations and recommendations.

"My priority has always been, and continues to be, ensuring the phase out occurs in an orderly way, and this includes proper planning," Minister Watt said.

"Since consultation started in March the panel have received more than 800 written submissions and over 3300 survey responses.

"They've also listened to diverse stakeholder perspectives at public forums in person and online.

"With the volume and range of consultation information now known, and the commissioned work now received, the panel has requested a short extension to wrap up the analysis.

"I acknowledge the panel's commitment to providing recommendations on a pathway forward, and I commend their diligence to honing the report during the coming months.

Minister Watt confirmed the end date for the phase would not happen during this term of parliament.

"We know farmers and other industry participants need time to prepare for the pathway forward," he said.

"The report is vital to developing a considered and orderly implementation plan that advances animal welfare, examines the needs of impacted individuals, business and local communities and identifies opportunities for future sheep industry growth.

"I thank all stakeholders who provided input into how and when the phase out should be implemented, including what's needed to seize new opportunities, such as expanding onshore processing and exporting more of our high-quality sheep meat to the world."

More information about the phase out of live sheep exports by sea, is available on the Department of Agriculture, Fisheries and Forestry website.

The independent panel is chaired by former chief executive of the Murray Darling Basin Authority and senior public servant, Phillip Glyde.

The panel also includes Western Australian agriculture expert Ms Sue Middleton, former federal minister the Hon Warren Snowdon, and former RSPCA CEO Ms Heather Neil.

The panel will provide its report to the Minister for Agriculture, Fisheries and Forestry by 25 October.

'Too much': Farm insurance pushed through the roof

Farmers for Climate Action, an organisation representing more than 8000 Australian farmers, says two recent insurance reports have laid bare the rising cost of climate change inaction.

Research by the Actuaries Institute released earlier this month says the median home insurance premiums are up 28 per cent in the year to March 31, the biggest increase in 20 years.

People in flood prone areas are facing price hikes of up to 50 per cent.

The actuaries noted that part of the increase was due to higher building supply costs, but it was also "driven by climate change impacts we're already seeing."

This follows a recent report by consumer group Choice, which found 87 per cent of policyholders in Australia have seen insurance premiums rise, and two in five people reported having their homes impacted by an extreme weather event in the last five years.

Ulmarra farmer Peter Lake says climate

change has made floods on his northern New South Wales farm more frequent and severe, and made his farm insurance unaffordable.

"We've dealt with major floods in 2009, 2011, 2013, and 2021 but nothing could have prepared us for February 2022. We lost fences and fodder and were forced to sell most of our stock. Even when the waters receded we were flood free but not mud free. We battled mud for months," he said.

Since then the member of Farmers for Climate Action has seen his insurance bill skyrocket.

"I was quoted \$19,000 per year to insure my farm which is just too much. We've had to weigh up not insuring our farm equipment, sheds and fences. We're only insuring the house and a horse float now," Mr Lake said.

"To stop the costs of climate change going higher we need urgent action to reduce emissions, including from coal, oil and gas, right now, this decade."



Insurance for rural properties has skyrocketed according to recent reports.

WEATHER

FORECAST

Warnings

See www.bom.gov.au/australia/warnings

SOUTH AUSTRALIA:

State Forecast:

Possible early morning fog and frost patches about and east of the ranges and the South East districts. Dry and mostly sunny otherwise. Warm to hot with light to moderate southeast to easterly winds.

Friday. Dry and mostly sunny. Warm to hot with light to moderate northeast to northwesterly winds.

Saturday. Dry and becoming hot through most parts with freshening northerly winds on Saturday. A milder southerly change later on the weekend, bringing isolated shower activity.

Upper South East District:

The chance of morning fog. Sunny afternoon. Light winds.

Friday. Sunny. Winds northerly 15 to 20 km/h turning west to northwesterly 15 to 25 km/h during the morning then becoming light during the afternoon.

Lower South East District:

The chance of morning fog. Sunny afternoon. Light winds becoming westerly 15 to 20 km/h during the morning then becoming light during the afternoon.

Friday. Sunny. Winds north to northwesterly 15 to 25 km/h tending west to northwesterly during the day then becoming light during the afternoon.

VICTORIA:

South West District:

Cloud clearing. The chance of morning fog in the west. Light winds becoming westerly 15 to 20 km/h during the morning then becoming light during the evening.

Friday. Sunny. Winds northwesterly 15 to 25 km/h tending westerly during the day then becoming light during the evening.

COONAWARRA FORECAST



TODAY
Cloud clearing. **22**



TOMORROW
Sunny. **25**



SATURDAY
Partly cloudy. **29**



SUNDAY
Cloud clearing. **22**



Sunny

Mostly sunny

Partly cloudy

Cloudy

Chance shower

Shower or two

Showers

Light rain (drizzle)

Rain

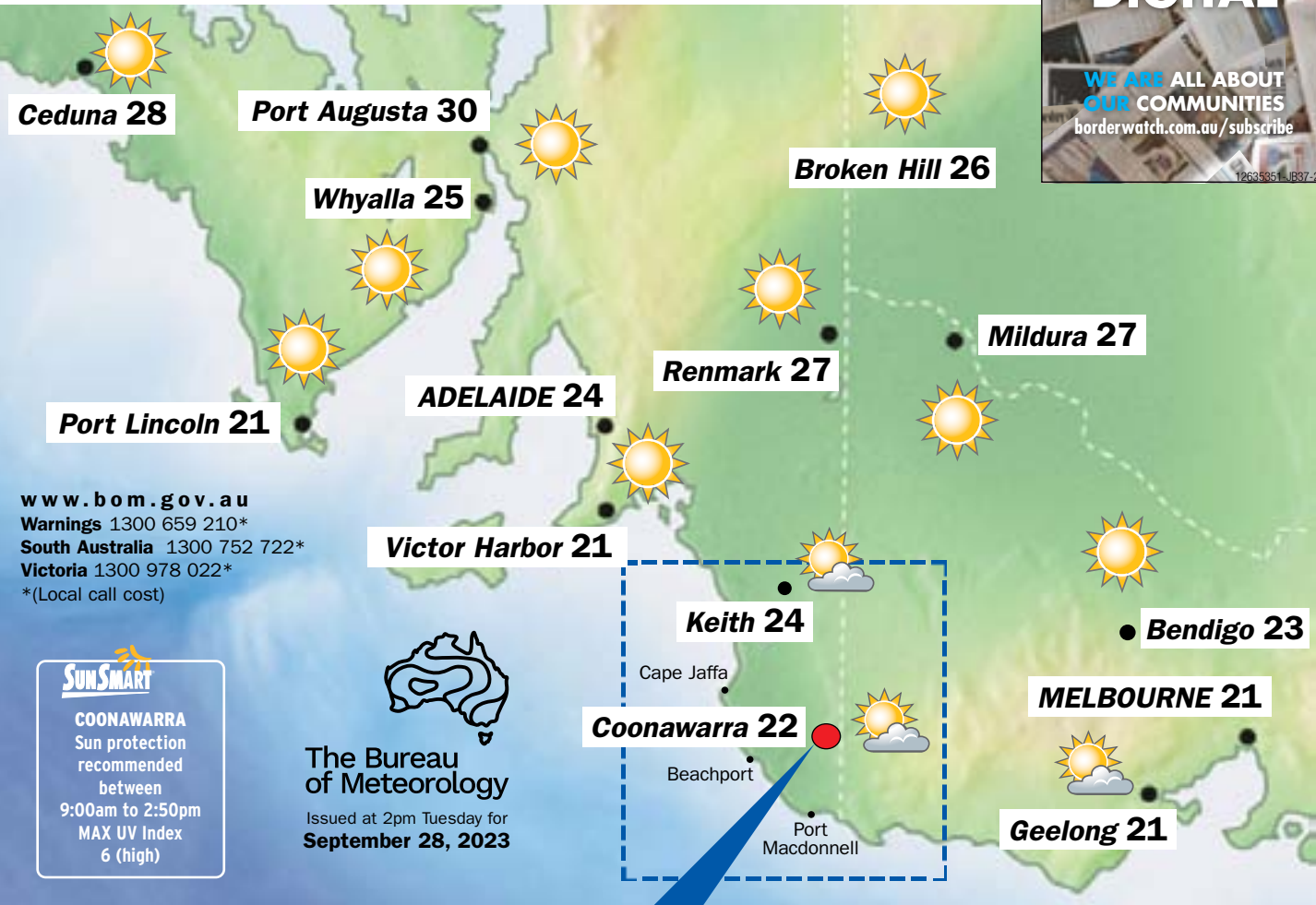
Storm

Showers storm

Windy

Dust

Fog



www.bom.gov.au
Warnings 1300 659 210*
South Australia 1300 752 722*
Victoria 1300 978 022*
*(Local call cost)



COONAWARRA
Sun protection recommended between 9:00am to 2:50pm
MAX UV Index 6 (high)

The Bureau of Meteorology
Issued at 2pm Tuesday for September 28, 2023



COASTAL WATERS

South Central Coastal Waters:

Winds: Variable about 10 knots. Seas: Below 1 metre. Swell: Southwesterly 2 to 3 metres, increasing to 3 to 4 metres west of Kangaroo Island during the morning. Weather: Mostly sunny.

Upper South East Coastal Waters:

Murray Mouth to Cape Jaffa
Winds: Variable about 10 knots. Seas: Below 1 metre. Swell: Southwesterly 1.5 to 2 metres, increasing to 2 to 3 metres during the morning. Weather: Mostly sunny.

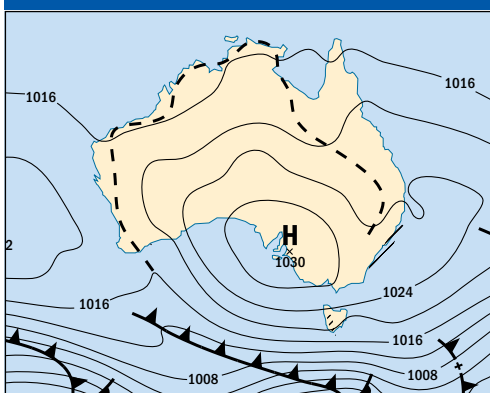
Lower South East Coastal Waters:

Cape Jaffa to SA-Vic Border
Winds: Westerly 10 to 15 knots turning northwesterly during the day. Seas: Around 1 metre. Swell: Southwesterly 2 to 3 metres, increasing to 3 to 4 metres during the afternoon or evening. Weather: Cloud clearing.

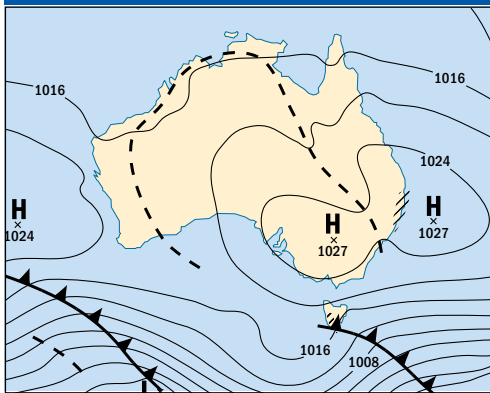
West Victoria Coastal Waters:

SA-Vic Border to Cape Otway
Winds: Westerly 15 to 20 knots turning northwesterly during the evening. Seas: Around 1 metre, increasing to 1 to 1.5 metres in the east. Swell: Southwesterly 2 to 3 metres, increasing to 3 to 4 metres during the evening. Weather: Partly cloudy.

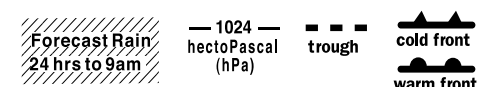
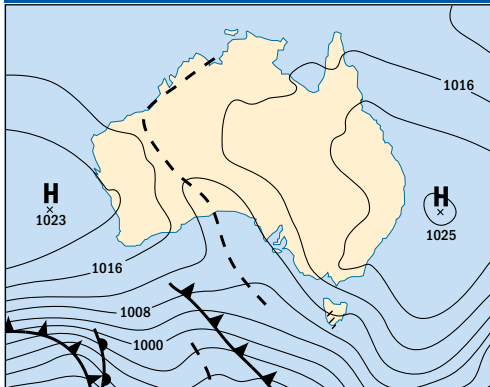
TODAY 10AM



TOMORROW 10AM



SATURDAY 10AM



TIDES

Beachport	
Today:	
L:	5:10am 0.6m
H:	12:07pm 1.2m
L:	6:47pm 0.6m
H:	11:59pm 0.9m
Tomorrow:	
L:	5:50am 0.5m
H:	12:19pm 1.2m
L:	6:36pm 0.6m

Saturday:	
H:	12:14am 1.0m
L:	6:25am 0.5m
H:	12:27pm 1.1m
L:	6:29pm 0.5m
Sunday:	
H:	12:37am 1.1m
L:	7:57am 0.5m
H:	1:31pm 1.0m
L:	7:29pm 0.4m

Monday:	
H:	2:03am 1.2m
L:	8:28am 0.6m
H:	1:32pm 0.9m
L:	7:36pm 0.4m
Tuesday:	
H:	2:30am 1.2m
L:	8:55am 0.6m
H:	1:35pm 0.9m
L:	7:48pm 0.3m

Port Macdonnell	
Today:	
L:	4:52am 0.3m
H:	12:19pm 1.0m
L:	6:43pm 0.5m
H:	11:46pm 0.7m
Tomorrow:	
L:	5:33am 0.3m
H:	12:24pm 0.9m
L:	6:19pm 0.4m

Saturday:	
H:	12:02am 0.9m
L:	6:13am 0.3m
H:	12:20pm 0.8m
L:	6:15pm 0.3m
Sunday:	
H:	12:28am 1.0m
L:	7:50am 0.3m
H:	1:23pm 0.8m
L:	7:22pm 0.2m

Monday:	
H:	1:58am 1.0m
L:	8:21am 0.4m
H:	1:28pm 0.7m
L:	7:33pm 0.1m
Tuesday:	
H:	2:27am 1.1m
L:	8:45am 0.5m
H:	1:26pm 0.7m
L:	7:48pm 0.1m

THE WORLD

World conditions yesterday

City	Weather	Max	Min
Athens	storms	26	17
Auckland	windy	17	11
Bangkok	storms	30	26
Beijing	cloudy	27	16
Berlin	fine	26	14
Christchurch	showers	9	5
Denpasar	fine	32	25
Dublin	rain	15	12
Hong Kong	showers	33	28
Honolulu	showers	31	23
Jakarta	fine	32	25
Johannesburg	storms	19	9
Kuala Lumpur	fine	34	25
London	cloudy	22	15
Los Angeles	sunny	29	16
Madrid	fine	29	15
Moscow	rain	16	7
New Delhi	fine	36	24
New York	sunny	18	11
Noumea	sunny	23	17
Paris	fine	25	14
Auckland	windy	17	11
Port Vila	fine	27	18
Seoul	rain	25	20
Singapore	windy	34	26
Suva	storms	26	22
Tel Aviv	fine	31	23
Tokyo	fine	31	22
Vancouver	showers	17	11
Wellington	windy	10	7

CAPITAL CITIES

City	Condition	Max
Adelaide	Sunny.	24
Brisbane	Partly cloudy.	28
Canberra	Cloud clearing.	24
Darwin	Sunny.	35
Hobart	Partly cloudy.	19
Melbourne	Partly cloudy.	21
Perth	Mostly sunny.	28
Sydney	Cloud clearing.	23

SUN & MOON

	Sunrise	Sunset	Moonrise	Moonset
Thursday	5:48am	6:07pm	4:44pm	5:12am
Friday	5:46am	6:08pm	5:59pm	5:41am
Saturday	5:45am	6:09pm	7:12pm	6:08am
Sunday	6:43am	7:10pm	9:25pm	7:37am
Monday	6:42am	7:11pm	10:37pm	8:07am
Tuesday	6:40am	7:12pm	11:48pm	8:41am



Sweet Salad Choice

Prep time: 15 minutes

Cook time: 15 minutes

Serves: 4

Ingredients:

- ½ Australian papaya, sliced
- ½ cup quinoa
- 1 avocado, chopped

- 200g punnet cherry tomatoes, halved
- ¼ cup mint
- 2 tbsp olive oil
- 2 tbsp lime juice
- 1 cos lettuce, shredded
- 1 BBQ chicken with skin and bones removed and shredded
- 100g Greek feta, crumbed

Method:

1. Cook quinoa according to directions on the packet.
2. In a bowl, toss cherry tomatoes, avocado and mint with lime zest and olive oil. Leave to marinate.
3. Place shredded lettuce in bowl. Scatter chicken and quinoa on top.
4. Toss through tomato, avocado and mint mix.
5. Place papaya slices on top of salad.
6. Crumble feta over the top and serve.

Recipe credit: Dietitian Caitlin Reid for Papaya Australia

Chinese Pork Open Omelette

Prep time: 15 minutes

Cook time: 25 minutes

Makes: 4 Omelettes

Difficulty: Easy

Ingredients:

Sauce

- 2 tablespoons light soy sauce
- 2 tablespoons hoisin sauce
- 1 teaspoon sesame oil
- 1 chicken stock cube, crumbled
- 1 cup (250ml) water
- 1 tablespoon cornflour

Omelette

- ¼ cup vegetable oil
- 3 cloves garlic, crushed
- 1½ tablespoons ginger paste
- 300g pork mince
- 100g white mushrooms, chopped
- 2 cups (160g) shredded Chinese cabbage
- 3 green onions, shredded, plus extra for garnish
- 2 cups (110g) bean sprouts, plus extra to serve
- 8 eggs
- 1 teaspoon salt
- 2 tablespoons toasted sesame seeds

Method:

Sauce

1. Combine soy, hoisin, sesame oil, stock cube and water into a saucepan. Bring to a boil, stirring over a medium heat for 2 minutes. Add cornflour and cook for 3 minutes or until sauce thickens to a thin gravy consistency.

Omelette

1. Heat 1 tbsp oil in a small non-stick frying pan. Add garlic and ginger. Cook, stirring, for 30 seconds or until fragrant. Add pork mince and cook, stirring, using a wooden spoon to break up any lumps until browned. Add mushrooms and cabbage and cook, stirring, for 4-5 minutes or until softened.
2. Add green onions and sprouts and cook a further 2-3 minutes. Remove from heat and place in a heatproof bowl. Set aside and keep warm. Wipe pan clean.
3. Whisk eggs together and season with salt.
4. Heat 2 teaspoons of oil in the same pan over medium heat. Add ¼ of the egg mixture and cook for 2-3 minutes, tilting the pan to form a round omelette. Turn over and cook for a further 1 minute or until the egg is set. Turn out onto a plate. Repeat with the remaining oil and eggs to make four omelettes.
5. To serve, spoon pork and vegetable mixture on top of omelettes. Drizzle over sauce. Garnish with extra sprouts and green onions. Scatter with sesame seeds.

TIPS:

- Pork mince can be replaced with peeled green prawns or chicken mince.



Recipe courtesy of Australian Eggs.

YOUR WEEKLY TV GUIDE



PARADISE KITCHEN BALI SBS Food, Thursday, 9pm

No matter what your association with the tropical paradise Bali, this tantalising culinary journey is set to redefine the way you see the tourist destination's food and culture. Balinese-Australian chef Lauren Camilleri (pictured) is our guide on this tasty tour of the exotic island. Each episode of the energetic series sees Camilleri focus on a different ingredient, sharing age-old recipes and innovative techniques for preparing fresh produce. In tonight's second episode, the humble coconut is transformed as the passionately plant-based Camilleri and Mokska chef Made Runatha recreate a calamari dish using coconut flesh, with a result that promises to give your taste buds a new lease on life.

ROCK LEGENDS: TINA TURNER SBS, Saturday, 9.10pm

Late singing legend Tina Turner is one of the most iconic, important and beloved recording artists of all time. This respectful but fairly straightforward biography traces the star's life and career, from her troubled upbringing to her fateful meeting with the volatile Ike Turner to her triumphant comeback in the 1980s and beyond. With a group of British music journalists on hand to serve as commentators, we follow the ups and downs of the superstar's life, with plenty of archival footage and music video clips in between. It's a great introduction for those who might not know too much about Turner's iconic story.

SHARK TANK 10, Tuesday, 7.30pm

History is made in tonight's episode of this reality TV series as one of the entrepreneurs hits the ultimate jackpot: a life-changing investment of \$1 million to take their invention to the next level. Will it be Danielle Paraha with her kooky contraption to control chickens? Or 13-year-olds Myla Tucker and Liv Lorenz with their sustainable swimwear range? Also in the running is Pascal Ward, with his system to test out tattoos before getting inked, and condom creator Kat Hanzelek with her business designed to make women feel more comfortable with intimate protection. Lastly, Susan Toft pitches her Uber-style pick-up service for people to get their laundry done. Who will impress sharks Sabri Suby, Dr Catriona Wallace, Davie Fogarty, Jane Lu and Robert Herjavec (pictured, from left) to rise above the pack?



WHAT'S ON THE BOX?

PICK OF THE WEEK

THE AMAZING RACE AUSTRALIA 10, Wednesday, 7.30pm

If you're a fan of watching celebrities slum it in the jungle for *I'm a Celebrity... Get Me Out of Here!*, this star-studded version of the reality format might be for you. Ripped from their luxurious lives and thrust into backpacker accommodation, budget hotels and even economy class, 11 celebrity racers and their loved ones are about to get a masterclass in how the other other half travel. Former Wiggles Emma Watkins, model and TV presenter Bec Judd, Gold Logie winner Grant Denyer, former Olympian Jana Pittman and comedian Peter Rowsthorn are among those taking up host Beau Ryan's challenge - who will be the first to tap out?



Up for a challenge: Grant Denyer and wife Chezzi take on *The Amazing Race: Celebrity Edition*.

Thursday, September 28

ABC TV (2)

6.00 News Breakfast. **9.00** ABC News Mornings. **10.00** Australian Story. (R) **10.30** That Pacific Sports Show. (R) **11.00** Our Dementia Choir. (PG, R) **12.00** ABC News At Noon. **1.00** Hard Quiz. (PG, R) **1.30** Would I Lie To You? (R) **2.00** Shaun Micallef's MAD AS HELL. (M, R) **2.30** Aftertaste. (M, R) **3.00** Restoration Australia. (PG, R) **3.55** Tenable. (R) **4.40** Long Lost Family. (PG, R) **5.30** Hard Quiz. (PG, R)

6.00 The Drum. 7.00 ABC News. 7.30 7.30.

8.00 Foreign Correspondent. A look at a billion-dollar illegal drug trade. **8.30** Grand Designs: House Of The Year: Pioneers. Part 3 of 4. **9.20** Griff's Great Australian Rail Trip: Rawlinna To Sydney - What Is An Australian? (PG, R) Griff Rhys Jones explores Australia by train. **10.10** Art Works. (R) **10.40** ABC Late News. **10.55** The Business. (R) **11.10** The Whiteley Art Scandal. (M, S, R) **12.10** Q+A. (R) **1.10** The Pool. (PG, R) **2.10** Rage. (MA15+adhlms) **3.40** Tenable. (R) **4.30** The Drum. (R) **5.30** 7.30. (R)

ABC TV PLUS (22) **6am** Children's Programs. **5.55pm** Ben And Holly. **6.10** Interstellar Ella. **6.20** Bluey. **6.30** Piffirates. **6.45** The Adventures Of Paddington. **6.55** Shaun The Sheep. **7.05** Karma's World. **7.20** Bluey. **7.30** Spicks And Specks. **8.00** QI. **8.30** Would I Lie To You? **9.00** Hard Quiz. **9.30** WTFQAQ. **10.00** Penn & Teller: Fool Us. **10.40** Tomorrow Tonight. **11.15** Why Are You Like This. (Final) **11.40** Louis Theroux: Transgender Kids. **12.40am** Would I Lie To You? **1.10** Celia Pacquola: All Talk. **2.10** Red Dwarf. **2.40** ABC News Update. **2.45** Close. **5.00** Kiddets. **5.10** Pablo. **5.25** Poccoy. **5.30** Pins And Nettie. **5.40** Late Programs.

NITV (34) **6am** Morning Programs. **8.45** Bushwhacked! **9.10** The Magic Canoe. **9.35** Toi Time. **10.00** Arabian Inferno. **10.50** Good Fire Bad Fire. **11.10** The Frontier. **Noon** Yokai Footy. **1.00** Elder In Residence. **2.00** Going Places. **2.30** The Cook Up. **3.00** Motown Magic. **3.25** Red Dirt Riders. **3.40** Fresh Fairytales. **3.55** Pipi Ma. **4.00** Crazy Smart Science. **4.30** Spartakus And The Sun Beneath The Sea. **5.00** Our Stories. **5.30** The 77 Percent. **6.00** Bamay. **6.30** News. **6.40** Arabian Inferno. **7.30** Going Places With Ernie Dingo. **8.30** Miniseries: True Colours. **9.30** MOVIE: Love & Basketball. (2000, M) **11.45** Late Programs.

SBS (3)

6.00 WorldWatch. **9.00** Make Me A Dealer. (R) **9.50** Living With The Boss. (PG, R) **10.45** Off The Beaten Track With Kate Humble. (PG) **12.00** BBC News At Ten. **12.30** ABC World News Tonight With David Muir. **1.00** PBS NewsHour. **2.00** Tommy Fleming: 30 Years Of Song. **3.35** Mother Tongue. (R) **3.45** The Cook Up With Adam Liaw. (R) **4.15** World's Most Scenic Railway Journeys. (PGal, R) **5.05** Jeopardy! (R) **5.30** Letters And Numbers. (R)

6.00 Mastermind Australia. (R)

6.30 SBS World News. **7.30** Great Australian Walks With Julia Zemiro. **8.30** Eva Longoria: Searching For Mexico: Veracruz. (Final, M) Eva Longoria heads to Veracruz. **9.20** Crime. (MA15+d) DI Ray Lennox begins to feel the strain. **10.20** SBS World News Late. **10.50** Devils. (Premiere, MA15+ad) **11.50** Nine Perfect Strangers. (M, V, R) **3.20** Italian Food Safari. (R) **3.50** Going Places With Ernie Dingo. (PG, R) **4.20** Bamay. (R) **4.50** Destination Flavour: Japan Bitesize. (R) **5.00** NHK World English News Morning. **5.30** ANC Philippines The World Tonight.

SBS VICELAND (31) **6am** WorldWatch. **7.55** France 24 Feature. **8.10** ABC America Nightline. **8.40** CBC The National. **9.30** BBC News At Six. **10.00** Shortland St. **Noon** The Kimberley Cruise: The Full Journey. **2.50** Overlooked. **3.20** BBC News At Ten. **3.50** ABC World News Tonight With David Muir. **4.20** PBS NewsHour. **5.20** Counter Space. **5.50** Forged In Fire. **6.40** Jeopardy! **7.35** 8 Out Of 10 Cats Does Countdown. **8.30** Myths: The Greatest Mysteries Of Humanity. **9.30** From North Korea, With Love. **10.25** The Frontier. **11.20** Taskmaster. **2.05am** King Of The Road. **2.55** NHK World English News. **5.00** Al Jazeera Newshour.

SBS WORLD MOVIES (32) **6am** Dean Spanley. Continued. (2008, PG) **6.30** Dan In Real Life. (2007, PG) **8.20** The Umbrellas Of Cherbourg. (1964, PG, French) **10.00** Dancing Arabs. (2014, M, Hebrew) **Noon** Shiva Baby. (2020, M) **1.30** Oliver! (1968, PG) **4.10** Three Summers. (2019, PG, Portuguese) **6.00** The Mouse That Roared. (1959) **7.30** The Eagle Has Landed. (1976, M) **10.00** Tracker. (2010, M) **11.55** The Loneliest Planet. (2011, M) **2am** Cliff Walkers. (2021, MA15+, Mandarin) **4.15** Baby Done. (2020, M) **5.55** Three Summers. (2019, PG, Portuguese)

SEVEN (7, 6)

6.00 Sunrise. **9.00** The Morning Show. (PG) **11.30** Seven Morning News. **12.00** My Kitchen Rules. (PGI, R) **1.45** Surveillance Oz. (PG, R) **2.00** Kochie's Business Builders. **2.30** Border Security: International. (PG, R) **3.00** The Chase. (R) **4.00** Seven News At 4. **5.00** The Chase Australia.

6.00 Seven News.

7.00 Home And Away. (PGa) The end is near for Justin and Leah. **8.30** The Front Bar: Grand Final Edition. (Final, M) In the lead-up to the Grand Final, hosts Mick Molloy, Sam Pang and Andy Maher take a lighter look at all things AFL and catch up with stars of yesteryear and today. **10.00** The 1% Club. (PGI, R) Hosted by Jim Jefferies. **11.05** The Latest: Seven News. **11.35** To Be Advised. **1.20** Travel Oz. (PG, R) **2.00** Home Shopping. (R) **4.00** NBC Today. **5.00** Seven Early News. **5.30** Sunrise.

7MATE (74, 60) **6am** ITM Fishing Show: Best Of The Best. **7.00** Step Outside With Paul Burt. **7.30** Creek To Coast. **8.00** NFL 100 Greatest. **9.00** Motor Racing. Supercars Support Races. Dunlop Super2 Series. Highlights. **10.00** American Pickers. **11.00** Pawn Stars. **Noon** Highway Patrol. **1.00** The Force: Behind The Line. **2.00** Jade Fever. **3.00** Billy The Exterminator. **3.30** Full Custom Garage. **4.30** Storage Wars: Texas. **5.00** American Restoration. **5.30** American Pickers. **6.30** Pawn Stars. **7.30** The Simpsons. **8.30** MOVIE: Talladega Nights: The Ballad Of Ricky Bobby. (2006, M) **10.45** MOVIE: Stubbs. (2019, MA15+) **12.45am** Late Programs.

7TWO (72, 62) **6am** Home Shopping. **6.30** Escape To The Country. **7.30** Coastwatch Oz. **8.00** Million Dollar Minute. **9.00** Harry's Practice. **9.30** NBC Today. **Noon** Better Homes And Gardens. **1.00** Escape To The Country. **2.00** Harry's Practice. **2.30** My Greek Odyssey. **3.30** Coastwatch Oz. **4.00** Medical Emergency. **4.30** Better Homes And Gardens. **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** Father Brown. **8.30** Miss Scarlet And The Duke. **9.40** Harry Palmer: The Ipress File. **10.40** Murdoch Mysteries. **11.40** Father Brown. **12.40am** Bargain Hunt. **2.00** Coastwatch Oz. **2.30** Medical Emergency. **3.00** Late Programs.

NINE (9, 8)

6.00 Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** The Block. (PGal, R) **1.00** Kenan. (PGI) **1.30** Mr Mayor. (PGs, R) **2.00** Pointless. (PG, R) **3.00** Tipping Point. (PG) **4.00** Millionaire Hot Seat. (R) **5.00** Afternoon News.

6.00 Nine News.

7.00 A Current Affair. **7.30** 30 Years Of The Grand Final Footy Show. (Mn) A look back on the last 30 years of the show. **9.00** RBT. (PGdl, R) Follows the activities of police units. **10.00** Emergency. (Mm) **11.00** Nine News Late. **11.30** Chicago Med. (MA15+am) **12.20** The First 48. (Mal, R) **1.10** Chicago Med. (MA15+am, R) **2.00** It's All Greek To Me. (R) **2.30** Global Shop. (R) **3.00** TV Shop: Home Shopping. (R) **4.00** Believer's Voice Of Victory. (PGa) **4.30** A Current Affair. (R) **5.00** News Early Edition. **5.30** Today.

9GEM (92, 81) **6am** Seaway. **7.00** Creflo Dollar Ministries. **7.30** Skippy The Bush Kangaroo. **8.00** TV Shop: Home Shopping. **10.30** Pointless. **11.30** My Favorite Martian. **Noon** Days Of Our Lives. **12.55** The Young And The Restless. **1.50** Explore. **2.00** Dr Quinn, Medicine Woman. **3.00** Antiques Roadshow. **3.30** MOVIE: Trent's Last Case. (1952) **5.30** The Travelling Auctioneers. **6.30** Antiques Roadshow. **7.30** Keeping Up Appearances. **8.40** MOVIE: Agatha And The Midnight Murders. (2020, M) **10.40** Dalglish. **11.40** 30 Years Of The Grand Final Footy Show. **12.55am** Emergency. **1.50** Late Programs.

9GO! (93, 82) **6am** Children's Programs. **11.30** Bakugan: Legends. **Noon** Top Chef. **1.00** Bewitched. **1.30** Raymond. **2.30** Full House. **3.00** MacGyver. **4.00** Family Ties. **4.30** The Addams Family. **5.00** Bewitched. **5.30** Dream Of Jeannie. **6.00** Everybody Loves Raymond. **7.00** Young Sheldon. **7.30** Survivor 45. (Return) **9.00** MOVIE: High Crimes. (2002, M) **11.30** Homeland. **12.45am** Love Island USA. **2.30** Full House. **3.00** Bakugan: Legends. **3.30** Monk Kid. **4.00** The Amazing World Of Gumball. **4.30** TV Shop: Home Shopping. **5.00** Pokémon The Series: Sun & Moon - Ultra Legends. **5.30** Yu-Gi-Oh! Sevens.

TEN (10, 5)

6.00 Freshly Picked. (R) **6.30** My Market Kitchen. (R) **7.00** Farm To Fork. (PG, R) **7.30** Ent. Tonight. (R) **8.00** Everyday Gourmet. (R) **8.30** Judge Judy. (PG, R) **9.00** Bold. (PGa, R) **9.30** Neighbours. (PGa, R) **10.00** Studio 10. (PG) **12.00** 10 News First: Midday. **1.00** Dr Phil. (PGa, R) **2.00** So Help Me Todd. (PGav, R) **3.00** Ent. Tonight. **3.30** Everyday Gourmet. **4.00** Bold. (PGa) **4.30** Neighbours. (PGa) **5.00** News.

6.30 The Project. A look at the day's news and events. **7.30** Gogglebox Australia. Opinionated viewers discuss TV shows. **8.30** Michael Hing: Long Live The Hing. (MA15+) A stand-up performance by comedian Michael Hing who recounts the story of proposing to his girlfriend. **9.40** The Cheap Seats. (Mal, R) Presenters Melanie Bracewell and Tim McDonald take a look at the week that was. **10.40** Law & Order: SVU. (Mas, R) A schoolgirl goes missing. **1.30** The Project. (R) **2.30** The Late Show With Stephen Colbert. (PG) **3.30** Home Shopping. (R) **4.30** CBS Mornings.

10 BOLD (12, 51) **6am** Home Shopping. **8.00** Exploring Off The Grid. **8.30** Pooches At Play. **9.00** Taste Of Australia: BBQ Special. **9.30** Jake And The Fatman. **10.30** JAG. **12.30pm** In The Dark. **1.30** Bull. **2.30** Jake And The Fatman. **3.30** Diagnosis Murder. **5.30** JAG. **7.30** Bull. **8.30** NCIS. **9.30** NCIS: New Orleans. **10.30** FBI. **11.30** NCIS: Los Angeles. **12.30am** Home Shopping. **2.00** Diagnosis Murder. **4.00** JAG.

10 PEACH (11, 52) **6am** The Late Show With Stephen Colbert. **7.00** Becker. **8.00** Seinfeld. **9.00** Friends. **10.00** The King Of Queens. **11.00** Frasier. **Noon** Becker. **1.00** The Big Bang Theory. **2.00** Seinfeld. **3.00** The King Of Queens. **4.00** Becker. **5.00** Frasier. **6.00** Friends. **6.30** Neighbours. **7.00** Friends. **8.00** The Big Bang Theory. **9.30** Seinfeld. **11.30** Frasier. **Midnight** Home Shopping. **1.30** The Late Show With Stephen Colbert. **2.30** The King Of Queens. **3.30** Workaholics. **4.30** Home Shopping.

ABC TV (2)

6.00 News Breakfast. **9.00** ABC News Mornings. **10.00** Makers Of Modern Australia. (PG, R) **10.55** Back To Nature. (R) **11.30** The Pacific. (R) **12.00** ABC News At Noon. **1.00** The Newsreader. (Mdl, R) **1.55** WTFQAQ. (R) **2.25** Starstruck. (Mdl, R) **2.55** Restoration Australia. (R) **3.55** Tenable. (R) **4.40** Long Lost Family. (PG, R) **5.30** Hard Quiz. (PG, R)

6.00 The Drum.

Analysis of the day's news.
7.00 ABC News.
 A look at the top stories of the day.
7.30 Gardening Australia.
 Costa Georgiadis tours a high-rise haven.
8.30 Sherwood. (Malsv) As the hunt for the killer continues, Kevin Salisbury from the MET arrives to assist in the investigation.
9.35 Midsomer Murders. (Mv, R)
 Attendees of a party celebrating a sparkling wine launch are endangered when the glasses are laced with slug poison.
11.05 ABC Late News. Coverage of the day's events.
11.20 Silent Witness. (Ma, R) Nikki investigates a private jet crash.
12.20 Harrow. (Mav, R)
1.10 Rage. (MA15+adhlsv)

SBS (3)

6.00 WorldWatch. **9.00** Destination Flavour China Bitesize. (R) **9.10** Make Me A Dealer. (R) **10.00** Rick Steves' Europe. (Return) **11.00** The Shape Of History. (PGav, R) **12.00** WorldWatch. **2.00** Mastermind Aust. (R) **3.00** NITV News: Nula. (R) **3.30** Klesha. (PG) **3.45** The Cook Up. (PG, R) **4.15** World's Most Scenic Railway Journeys. (R) **5.05** Jeopardy! (R) **5.30** Letters And Numbers. (R)

6.00 Mastermind Australia.

(R) Presented by Marc Fennell.
6.30 SBS World News.
7.30 South America With Simon Reeve: Bolivia To Paraguay. (PGa) Part 4 of 5.
8.40 Ancient Egypt: Chronicles Of An Empire: Pyramids. (PGa) Traces the history of Egyptian tomb architecture and how it has evolved over the millennia.
9.40 Tony Robinson: The Thames At Night. (R) Part 4 of 4.
10.35 SBS World News Late.
11.05 Unseen. (Mals)
12.00 Furia. (MA15+av, R)
3.40 Italian Food Safari. (R) **4.10** Going Places With Ernie Dingo. (R) **4.40** Bamay. (R) **5.00** NHK World English News Morning. **5.30** ANC Philippines The World Tonight.

SEVEN (7, 6)

6.00 Sunrise. **9.00** The Morning Show. (PG) **11.30** Seven Morning News. **12.00** **MOVIE:** I Do, Or Die: A Killer Arrangement. (2020, Mav, R) Ana Golja, Raoul Bhaneja, Eric Osborne. **2.00** Border Security: International. (PG, R) **2.30** Border Security USA. (PG, R) **3.00** The Chase. (R) **4.00** Seven News At 4. **5.00** The Chase Australia.

6.00 Seven News.

7.00 Better Homes And Gardens.
 Johanna Griggs catches up with Sunrise weatherman Sam Mac in the middle of his home renovation. Adam Dovile builds a hanging seat. Ed Halmagyi makes a golden syrup and lemon cake.
8.30 Football. AFL Women's. Round 5. West Coast v Port Adelaide. From Mineral Resources Park, Perth.
10.30 Armchair Experts. (M)
 Adam Cooney, Cam Luke and Georgie Parker present their unique analysis of the week in AFL.
11.30 To Be Advised.

NINE (9, 8)

6.00 Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** **MOVIE:** Snowkissed. (2021, G) **2.00** Pointless. (PG, R) **3.00** Tipping Point. (PG, R) **4.00** Millionaire Hot Seat. **5.00** Afternoon News.

6.00 Nine News.

7.00 A Current Affair.
7.30 The Footy Show Grand Final: My Room Telethon. (PG)
 The Sunday Footy Show joins forces with My Room Children's Cancer Charity for the Footy Show: My Room Telethon.
10.30 **MOVIE:** The Expendables 2. (2012, MA15+lv, R) A group of mercenaries seeks revenge. Sylvester Stallone, Jason Statham.
12.30 Chicago Med. (MA15+am, R)
 Crockett worries he made a surgical error.
2.30 It's All Greek To Me. (R)
 Hosted by George Diakomichalis.
3.00 TV Shop: Home Shopping. (R)
4.00 Postcards. (PG, R)
4.30 Global Shop. (R)
5.00 TV Shop: Home Shopping. (R)
5.30 Skippy The Bush Kangaroo. (R)

TEN (10, 5)

6.00 Freshly Picked. (R) **6.30** My Market Kitchen. (R) **7.00** Farm To Fork. (PG, R) **7.30** Ent. Tonight. (R) **8.00** Everyday Gourmet. (R) **8.30** Judge Judy. (PG, R) **9.00** Bold. (PGa, R) **9.30** Neighbours. (PGa, R) **10.00** Studio 10. (PG) **12.00** 10 News First: Midday. **1.00** Dr Phil. (PGa, R) **2.00** To Be Advised. **3.15** Ent. Tonight. **3.30** Everyday Gourmet. **4.00** Judge Judy. (PG, R) **4.30** Bold. (PGa) **5.00** News.

6.30 The Project.

The hosts and guest panellists take a look at the day's news, events and hot topics.
7.30 Have You Been Paying Attention? (Mals, R) Celebrity panellists compete to see who can remember the most about events of the week.
8.30 The Graham Norton Show. (Ma, R) Graham Norton is joined by actors Claire Foy and Sarah Michelle Gellar, comedian Rob Beckett and director M. Night Shyamalan. Musical guest is Sam Smith, who performs *Not Here to Make Friends*.
10.30 To Be Advised.
11.40 The Project. (R) A look at the day's news and events.
12.40 The Late Show With Stephen Colbert. (PG) Hosted by Stephen Colbert.
1.30 Home Shopping. (R)

ABC TV PLUS (22)

6am Children's Programs. **7.05pm** Gardening Australia Junior. **7.20** Bluey. **7.30** Spicks And Specks. **8.00** Hard Quiz. (Final) **8.30** **MOVIE:** Paddington. (2014) **10.05** Noughts + Crosses. **11.00** Killing Eve. **11.45** George Clarke's Amazing Spaces. **12.35am** Unprotected Sets. (Final) **1.20** Auschwitz Untold: In Colour. **2.30** ABC News Update. **2.35** Close. **5.00** Moon And Me. **5.25** Teletubbies. **5.35** Late Programs.

SBS VICELAND (31)

6am WorldWatch. **10.00** Shortland St. **Noon** United Shades Of America. **1.30** The Story Of. **2.00** Miniseries: The Salisbury Poisonings. **2.55** The Pizza Show. **3.25** WorldWatch. **5.25** Counter Space. **5.50** Forged In Fire. **6.40** Jeopardy! **7.35** 8 Out Of 10 Cats Does Countdown. **8.30** Hoarders. **9.20** Sex Tape Germany. **10.30** While The Men Are Away. **11.30** Late Programs.

7MATE (74, 60)

6am Morning Programs. **10.00** Blokesworld. **10.30** Jabba's School Holiday Movie Special. **11.00** American Pickers. **Noon** Pawn Stars. **1.00** Simpsons. **2.00** Jade Fever. **3.00** Timbersports. **3.30** Full Custom Garage. **4.30** Storage Wars: TX. **5.00** American Restoration. **5.30** American Pickers. **6.30** Pawn Stars. **7.30** **MOVIE:** Face/Off. (1997, M) **10.20** **MOVIE:** Falling Down. (1993, M) **12.40am** Late Programs.

9GEM (92, 81)

6am Morning Programs. **12.55pm** The Young And The Restless. **1.50** Explore. **2.00** Dr Quinn. **3.00** Antiques Roadshow. **3.30** **MOVIE:** Mr Denning Drives North. (1951, PG) **5.30** The Travelling Auctioneers. **6.30** Antiques Roadshow. **7.30** To Catch A Smuggler. **8.30** Locked Up Abroad. **9.30** Underworld Inc. (Premiere) **10.30** Notorious: Happy Face Killer. **12.20am** Late Programs.

10 BOLD (12, 51)

6am Home Shopping. **8.00** Exploring Off The Grid. **8.30** Pooches At Play. **9.00** Taste Of Australia: BBQ Special. **9.30** Jake And The Fatman. **10.30** JAG. **12.30pm** In The Dark. **1.30** Bull. **2.30** Jake And The Fatman. **3.30** Diagnosis Murder. **5.30** JAG. **7.30** Bull. **8.30** NCIS. **9.25** NCIS: Los Angeles. **11.15** Star Trek: Discovery. **12.15am** Home Shopping. **2.15** Diagnosis Murder. **4.05** JAG.

NITV (34)

6am Morning Programs. **2pm** Always Have And Always Will. **2.30** The Cook Up. **3.00** Motown Magic. **3.25** Red Dirt Riders. **3.40** Fresh Fairytale. **3.55** Pipi Ma. **4.00** Crazy Smart Science. **4.30** Spartakus And The Sun Beneath The Sea. **5.00** Our Stories. **5.30** NITV News: Nula. **6.00** Bamay. **6.40** Arabian Inferno. **7.30** **MOVIE:** Labyrinth. (1986) **9.25** **MOVIE:** Beverly Hills Cop II. (1987, MA15+) **11.15** Late Programs.

SBS WORLD MOVIES (32)

6am Three Summers. Continued. (2019, PG, Portuguese) **7.40** The Mouse That Roared. (1959) **9.15** Courted. (2015, PG, French) **11.05** Freshman Year. (2020, M) **12.55pm** Baby Done. (2020, M) **2.40** Dan In Real Life. (2007, PG) **4.30** The Umbrellas Of Cherbourg. (1964, PG, French) **6.10** The Importance Of Being Earnest. (2002) **7.50** Twist. (2021, M) **9.30** Muru. (2022) **11.30** Late Programs.

7TWO (72, 62)

6am Morning Programs. **9.00** Harry's Practice. **9.30** NBC Today. **Noon** Better Homes. **1.00** House Of Wellness. **2.00** Discover With RAA Travel. **2.30** The Great Australian Doorstep. **3.00** Harry's Practice. **3.30** Coastwatch Oz. **4.00** Medical Emergency. **4.30** Better Homes. **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** Border Security: International. **8.30** Escape To The Country. **11.30** Late Programs.

9GO! (93, 82)

6am Children's Programs. **Noon** Top Chef. **1.00** Bewitched. **1.30** Raymond. **2.30** Full House. **3.00** MacGyver. **4.00** Family Ties. **4.30** The Addams Family. **5.00** Bewitched. **5.30** I Dream Of Jeannie. **6.00** **MOVIE:** Spy Kids 3: Game Over. (2003, PG) **7.30** **MOVIE:** Zookeeper. (2011, PG) **9.30** **MOVIE:** Wedding Crashers. (2005, M) **11.50** Homeland. **1am** Grimm. **1.55** Love Island USA. **2.50** Late Programs.

10 PEACH (11, 52)

6am The Late Show With Stephen Colbert. **7.00** NBL Slam. **8.00** Seinfeld. **10.00** The King Of Queens. **11.00** Frasier. **Noon** Becker. **1.00** Seinfeld. **3.00** The King Of Queens. **4.00** Becker. **5.00** Frasier. **6.00** Friends. **7.30** Thank God You're Here. **8.30** The Big Bang Theory. **9.30** Seinfeld. **11.00** Frasier. **Midnight** Shopping. **1.30** Stephen Colbert. **2.30** Late Programs.

ABC TV (2)

6.00 Rage. (PG) **7.00** Weekend Breakfast. **9.00** Rage. (PG) **12.00** ABC News At Noon. **12.30** Midsomer Murders. (PG, R) **2.00** Sherwood. (Malsv, R) **3.00** Becoming Frida Kahlo. (Final, PGa, R) **4.00** Australian Women In Music Awards. **5.30** The Whiteley Art Scandal. (PG, R)

6.30 Kitchen Cabinet.

(R) Annabel Crabb meets Bridget McKenzie.
7.00 ABC News. A look at the top stories of the day.
7.30 Shakespeare And Hathaway. (PG) Frank and Lu are hired to look into the drowning of a former Miss Stratford-upon-Avon.
8.20 Vera. (Mv, R) DCI Vera Stanhope and her team investigate a 30-year-old mystery.
9.50 The Newsreader. (Mdl, R) Helen is plunged into crisis when a gossip columnist threatens to expose her troubled past.
10.45 Shetland. (Mal, R) The team searches for a link between the two bodies.
11.45 Rage. (MA15+adhlsv) Music video clips.

SBS (3)

6.00 WorldWatch. **9.00** Designing Paradise With Bill Bensley. **10.00** The Eco Show. (PG) **11.00** Curious Traveller. **12.00** WorldWatch. **1.00** PBS NewsHour. **2.00** Gymnastics. FIG Artistic World Challenge Cup series. Round 5. Highlights. **4.00** Going Places With Ernie Dingo. (R) **4.30** Gone Fishing With Mortimer & Whitehouse. (Pgl, R) **5.40** Secret Nazi Bases. (PG, R)

6.30 SBS World News.

7.30 **MOVIE:** Duran Duran: A Hollywood High. (2022) A celebration of Duran Duran's career. Simon Le Bon.
9.10 Rock Legends: Tina Turner. (PGa) Takes a look at the life and music of the late Tina Turner and the impact she made on popular culture.
10.00 World's Most Scenic Railway Journeys: Norway. (R) Narrated by Bill Nighy.
10.50 Rex In Rome. (Mdl, R)
12.40 Going Places With Ernie Dingo. (R) **3.00** Going Places With Ernie Dingo. (R) **4.00** Bamay. (R) **5.00** NHK World English News Morning. **5.15** France 24 Feature. **5.30** ANC Philippines The World Tonight.

SEVEN (7, 6)

6.00 To Be Advised. **6.30** Weekend Sunrise. **8.30** AFL Grand Final Brunch. **10.00** AFL Grand Final Countdown. **11.30** AFL Grand Final Pre-Game Show. **1.30** Football. AFL. Grand final. **4.30** AFL Grand Final Post-Game Presentation. **5.30** Discover With RAA Travel. (PG)

6.00 Seven News.

7.00 Border Security: Australia's Front Line. (PGd, R)
 Drug paraphernalia is found in luggage.
7.30 **MOVIE:** Free Guy. (2021, Mlv)
 A bank teller discovers that he is actually a non-playable character inside a brutal, open world video game. Ryan Reynolds, Jodie Comer.
10.00 **MOVIE:** Unstoppable. (2010, Ml, R)
 Two men try to stop a runaway freight train. Denzel Washington, Chris Pine.
12.05 12 Monkeys. (MA15+v, R)
1.05 Travel Oz. (PG, R)
3.00 Home Shopping. (R)
4.00 Get Clever. (R)
5.00 House Of Wellness. (PGa, R)

NINE (9, 8)

6.00 Getaway. (PG, R) **6.30** A Current Affair. (R) **7.00** Weekend Today. **10.00** Today Extra: Saturday. (PG) **12.00** Drive TV. (R) **12.30** My Way. (PG) **1.00** The Pet Rescuers. (PGm, R) **1.30** Explore. (R) **1.45** The Block. (PGal, R) **2.30** The Garden Gurus. **5.00** News: First At Five. **5.30** Getaway. (PG)

6.00 Nine News Saturday.

7.00 A Current Affair.
7.30 **MOVIE:** Jurassic World. (2015, Mv, R) A genetically modified hybrid dinosaur escapes containment and goes on a killing spree at a theme park. Chris Pratt, Bryce Dallas Howard.
10.00 **MOVIE:** Gods Of Egypt. (2016, Mv, R) A hero rises to overthrow Set, the God of Darkness. Nikolaj Coster-Waldau, Brenton Thwaites.
12.20 My Way. (PG, R)
12.50 He Said/She Said. (Ma)
1.00 To Be Advised.
3.00 TV Shop: Home Shopping. (R)
4.30 Global Shop. (R)
5.00 TV Shop: Home Shopping. (R)
5.30 Helping Hands. (PG, R)

TEN (10, 5)

6am Morning Programs. **8.30** What's Up Down Under. (R) **9.00** GCBC. (R) **9.30** Farm To Fork. (PG, R) **10.00** St10. (PG) **12.00** Luxury Escapes. (R) **12.30** Well Traveller. (PGa, R) **1.00** 10 Minute Kitchen. **1.30** Everyday Gourmet. (R) **2.00** Freshly Picked. (R) **2.30** Farm To Fork. (PG, R) **3.00** What's Up Down Under. (PGa) **4.00** My Market Kitchen. **4.30** Food Trail: South Africa. **5.00** News.

6.00 Luxury Escapes.

A look at a Mediterranean cruise.
6.30 Bondi Rescue. (Pgl, R) Lifeguards investigate a floating object.
7.00 The Dog House Australia. (PGad, R) Narrated by Mark Coles Smith.
8.00 Thank God You're Here. (Mds, R) Comedians include Kitty Flanagan, Marty Sheargold, Emma Holland and Guy Montgomery.
9.00 **MOVIE:** Mission: Impossible. (1996, Mv, R) A secret agent sets out to discover who double-crossed him and killed his colleagues. Tom Cruise, Jon Voight, Ving Rhames.
11.00 The Cheap Seats. (Mal, R)
12.00 Home Shopping. (R)
4.30 Authentic. (PG) **5.00** Hour Of Power.

ABC TV PLUS (22)

6am Children's Programs. **6.45pm** The Adventures Of Paddington. **6.55** Shaun The Sheep. **7.05** Andy's Safari Adventures. **7.20** Bluey. **7.30** Spicks And Specks. **8.30** Judith Lucy Vs Men. **9.50** Whose Line Is It Anyway? **10.15** Mock The Week. **10.45** Staged. **11.10** Superwog. **11.55** Blunt Talk. **12.25am** Veneno. **1.25** ABC News Update. **1.30** Close. **5.00** Moon And Me. **5.25** Teletubbies. **5.35** Late Programs.

SBS VICELAND (31)

6am WorldWatch. **10.00** Shortland St. **Noon** Kim's Convenience. **12.25** VICE. **1.00** Camel Beauty Pageant. **1.30** 8 Out Of 10 Cats. **2.50** WorldWatch. **4.45** Mastermind Aust. **5.55** Monty Python. **6.30** The Secret Genius Of Modern Life. **7.40** When Big Things Go Wrong. **8.30** Dirty Rotten Cleaners. **9.20** Conversations With Friends. **10.30** Bad Education Reunion Special. **11.25** Late Programs.

7MATE (74, 60)

6am Morning Programs. **12.30pm** Timbersports. **1.00** Blokesworld. **1.30** Dipper's Rigs. **2.00** Rides Down Under: Workshop Wars. **3.00** American Restoration. **3.30** Storage Wars: TX. **4.00** Counting Cars. **4.30** Carnage. **5.30** AFL Grand Final Post-Game Show. **6.30** Pawn Stars. **7.00** Football. AFL. Grand final. Replay. **10.00** **MOVIE:** The 5th Wave. (2016, M) **12.25am** Late Programs.

9GEM (92, 81)

6am Morning Programs. **7.30** Seaway. **8.30** TV Shop. **10.00** Helping Hands. **10.30** Avengers. **11.40** **MOVIE:** Laxdale Hall. (1953) **1.15pm** **MOVIE:** The Loves Of Joanna Godden. (1947, PG) **3.05** **MOVIE:** Orders To Kill. (1958, PG) **5.20** **MOVIE:** The Bridges At Toko-Ri. (1954) **7.30** **MOVIE:** The Magnificent Seven. (1960, PG) **10.10** **MOVIE:** Guns Of The Magnificent Seven. (1969, M) **12.20am** Late Programs.

10 BOLD (12, 51)

6am Home Shopping. **9.00** The Offroad Adventure Show. **10.00** Diagnosis Murder. **Noon** Escape Fishing With ET. **12.30** Jake And The Fatman. **1.30** JAG. **2.30** Pooches At Play. **3.00** What's Up Down Under. **4.00** JAG. **5.00** Reel Action. **5.30** JAG. **7.30** NCIS. **9.25** 48 Hours. **10.20** NCIS. **11.15** NCIS: Los Angeles. **12.15am** Blue Bloods. **1.10** Star Trek: Discovery. **3.10** JAG. **5.00** Home Shopping.

NITV (34)

6am Morning Programs. **9.10** The Magic Canoe. **9.35** Toi Time. **10.00** Barunga Concert Special. **11.50** **MOVIE:** Blinky Bill: The Movie. (2015, PG) **1.30pm** Arabian Inferno. **2.20** The Whole Table. **3.20** Bamay. **4.20** Going Places. **5.50** Amplify. **6.20** First People's Kitchen. **6.50** News. **7.00** Family Rules. **7.30** Black Mamba: Kiss Of Death. **8.30** Alone. **9.40** **MOVIE:** Blair Witch. (2016, MA15+) **11.20** Late Programs.

SBS WORLD MOVIES (32)

6am Morning Programs. **6.50** Ernest & Celestine. (2012, PG) **8.20** The Importance Of Being Earnest. (2002) **10.05** The Loneliest Planet. (2011, M) **12.05pm** Tracker. (2010, M) **2.00** The Mouse That Roared. (1959) **3.35** Lost In Paris. (2016, PG) **5.05** Courted. (2015, PG, French) **6.55** Malcolm. (1986, PG) **8.30** A Hard Day's Night. (1964, PG) **10.10** Sleeping Beauty. (2011, MA15+) **12.05am** Late Programs.

7TWO (72, 62)

6am Home Shopping. **8.30** Travel Oz. **9.15** House Of Wellness. **10.30** Horses For Courses. **11.30** Horse Racing. TAB Epsom Day and Grand Final Race Day. **4.30pm** Medical Emergency. **5.00** Border Security: International. **5.30** The Yorkshire Vet. **6.30** Bondi Vet. **7.30** The Yorkshire Vet. **8.30** Escape To The Country. **10.30** The Great Outdoors: Greatest Escapes. **11.30** The Yorkshire Vet. **12.30am** Late Programs.

9GO! (93, 82)

6am Children's Programs. **2pm**

Sunday, October 1

ABC TV (2)

6.00 Rage. (PG) **7.00** Weekend Breakfast. **9.00** Insiders. **10.00** Offsiders: Grand Final Special. **11.00** Compass. (PGa, R) **11.30** Songs Of Praise. (R) **12.00** ABC News At Noon. **12.30** Landline. **1.30** Gardening Australia. (R) **2.30** Shakespeare And Hathaway. (PG, R) **3.15** Grand Designs: House Of The Year. (R) **4.05** Griff's Great Australian Rail Trip. (PG, R) **5.00** Art Works. (Final) **5.30** Antiques Roadshow.

6.30 Voices Of Australia. Part 3 of 4.

7.00 ABC News. A look at the top stories of the day.
7.30 Death In Paradise. (Mv, R) A concert pianist is murdered.
8.30 The Newsreader. (Mdl) As Australia's 1988 Bicentennial approaches, Helen is determined to interview a fiery Aboriginal activist.
9.25 Mother And Son. (Mal, R) Maya and Arthur grow closer when Arthur agrees to review the new restaurant.
10.00 Annika. (Mal, R) An author's death is investigated.
10.45 Total Control. (MA15+I, R) Alex declares war on her party.
11.40 Talking Heads. (R)
12.10 Rage Vault. (MA15+adhlmsv)
2.00 Escape From The City. (R)
5.00 Insiders. (R)

ABC TV PLUS (22)

6am Children's Programs. **6.55pm** Shaun The Sheep. **7.05** Andy's Safari Adventures. **7.20** Bluey. **7.30** Spicks And Specks. **8.00** QI. **8.30** Louis Theroux: Under The Knife. **9.30** You Can't Ask That. **10.05** Vera. **11.35** Civilisations. **12.35am** Penn & Teller: Fool Us. **1.15** Enslaved. **2.15** ABC News Update. **2.20** Close. **5.00** Kiddets. **5.10** Pablo. **5.25** Pocoyo. **5.30** Sarah & Duck. **5.45** Late Programs.

NITV (34)

6am Morning Programs. **8.05** Nanny Tuta. **8.10** Spartakus And The Sun Beneath The Sea. **8.35** Bushwhacked! **9.00** Rugby League. Koori Knockout. **5.30pm** Going Places. **6.00** Talking Language. **6.30** Songlines On Screen. **6.45** News. **6.55** Animal Babies: First Year On Earth. **8.00** The Australian Wars. **9.00** Rebel With A Cause: Pat O'Shane. **10.00** MOVIE: Beverly Hills Cop II. (1987, MA15+) **11.50** Late Programs.

SBS (3)

6.00 DW English News. **6.30** Al Jazeera News. **7.00** APAC Weekly. **7.30** France 24 English News. **8.00** DD India Prime Time News. **8.30** Rugby League. Koori Knockout. **5.00** France 24 English News. **5.30** Destination Flavour China Bitesize. (PG, R) **5.40** Secret Nazi Bases: Himmler's Occult Castle. (PGav, R)

6.30 SBS World News.

7.30 Houdini's Lost Diaries. (PGal, R) Explores the life of Harry Houdini.
9.00 Rebel With A Cause: Pat O'Shane. A celebration of the life and career of Pat O'Shane AM, a Yalangi woman from the Kunjandji clan.
10.00 Empires Of New York: Crossing The Line Without Consequences. (Madv) Chronicles the rise of five New York icons.
10.50 Looby. (Mln, R)
12.15 24 Hours In Emergency. (PGa, R)
2.05 Is Australia Sexist? (Mals, R)
3.05 Patriot Brains. (Mals, R)
3.55 Italian Food Safari. (R) **4.25** Going Places With Ernie Dingo. (R) **4.55** Destination Flavour: Japan Bitesize. (R) **5.00** NHK World English News Morning. **5.15** France 24 Feature. **5.30** Al Jazeera News.

SBS VICELAND (31)

6am WorldWatch. **9.30** Small Business Secrets. **10.05** Shortland St. **12.05pm** High School Mums. **1.00** Australia Says Yes. **2.05** Devoured. **2.55** Jungletown. **3.45** WorldWatch. **4.10** E-Sports Revolution. **5.10** Inside Sydney Airport. **6.10** Kars & Stars. **6.40** Mysteries From Above. **7.35** Abandoned Engineering. **8.30** The Unexplained With William Shatner. **9.20** The Dyatlov Pass Incident. **10.15** Late Programs.

SBS WORLD MOVIES (32)

6am Morning Programs. **8.25** Lost In Paris. (2016, PG) **10.00** J.T. LeRoy. (2018, M) **12.05pm** Twist. (2021, M) **1.45** Asterix: The Mansions Of The Gods. (2014, PG, French) **3.20** Belle And Sebastian 2. (2015, PG, French) **5.10** Stolen Kisses. (1968, PG, French) **6.50** Flight Of The Navigator. (1986, PG) **8.30** The Frozen Ground. (2013) **10.30** Margot At The Wedding. (2007, M) **12.10am** Late Programs.

SEVEN (7, 6)

6.00 Better Homes. (R) **7.00** Weekend Sunrise. **10.00** The Morning Show: Weekend. (PG) **12.00** Border Security: International. (PG, R) **12.30** MOVIE: Casablanca. (1942, PGa, R) **2.30** Football. AFL Women's. Round 5. Hawthorn v Brisbane Lions. **4.30** Border Security: Australia's Front Line. (PG, R) **5.00** Seven News Adelaide. **5.30** South Aussie With Cosi. (PG)

6.00 Seven News.

7.00 My Kitchen Rules. (PGI) Hosted by Manu Feildel and Colin Fassnidge.
8.45 ABBA Silver. ABBA Gold. (PG, R) Follows Swedish supergroup ABBA from the Eurovision Song Contest to present day's CGI performances.
9.45 The Disappearance Of Grace Millane. (Mas, R) The story of the 2018 murder of British backpacker Grace Millane and how her killer was caught.
11.45 Born To Kill? Beverley Allitt. (Mav, R)
12.45 The InBetween. (Mav, R)
2.00 Home Shopping. (R)
3.30 Million Dollar Minute. (R)
4.00 My Greek Odyssey. (PG, R)
5.00 Seven Early News.
5.30 Sunrise.

7MATE (74, 60)

6am Morning Programs. **11.00** Pawn Stars. **11.30** Cricket. Women's Twenty20 International Series. Australia v West Indies. Game 1. **3pm** Step Outside. **3.30** Al McGlashan's Fish'n With Mates. **4.00** Million Dollar Catch. **4.30** Football. AFL Women's. Round 5. Adelaide v Gold Coast Suns. **6.30** Border Security USA. **7.00** Border Security. **8.30** MOVIE: Transporter 3. (2008, M) **10.40** Late Programs.

7TWO (72, 62)

6am Morning Programs. **10.00** House Of Wellness. **11.00** Escape To The Country. **1pm** The Great Outdoors: Greatest Escapes. **2.00** To Be Advised. **2.30** The Real Seachange. **3.00** The Bowls Show. **4.00** My Greek Odyssey. **5.00** Heathrow. **5.30** I Escaped To The Country. **6.30** Escape To The Country. **8.30** Call The Midwife. **9.40** Miniseries: The Pembrokeshire Murders. **10.45** Late Programs.

NINE (9, 8)

6.00 Fishing Australia. (R) **6.30** Weekend Today. **9.30** The AFL Sunday Footy Show. (PG) **11.30** Sports Sunday. (PG) **12.30** Grand Final Day. **12.50** Rugby League. State Cup C'ship. Grand Final. From Accor Stadium, Sydney. **2.40** Grand Final Day. **3.25** Rugby League. NRL Women's Premiership. Grand Final. From Accor Stadium, Sydney. **5.00** Grand Final Day. **5.30** Nine News Sunday.

6.00 Grand Final Night.

7.00 Rugby League. NRL. Grand Final.
9.00 NRL Grand Final Post-Match. Analysis and post-match interviews, as well as coverage of the presentation and victory lap.
10.00 Nine News Late. A look at the latest news and events.
10.30 Killer At The Crime Scene: Sinead Healy. (Mv)
11.30 The First 48: Fatal Showdown/ Deadly Text. (Mav, R)
12.30 Australia's Top Ten Of Everything. (PG, R)
1.30 Garden Gurus Moments. (R)
1.45 Rugby Union. Rugby World Cup. Australia v Portugal.
4.00 Rugby World Cup Post-Match. **4.30** Fishing Australia. (R) **5.00** News Early Edition. **5.30** Today.

9GEM (92, 81)

6am Skippy. **6.30** Amazing Facts Presents. **7.00** Leading The Way. **7.30** In Touch. **8.00** Beyond Today. **8.30** The Incredible Journey. **9.00** TV Shop. **10.00** My Favorite Martian. **10.30** Getaway. **11.00** NRL Sunday Footy Show. **1pm** MOVIE: How To Stuff A Wild Bikini. (1965) **3.00** MOVIE: The Big Country. (1958, PG) **6.30** M*A*S*H. **8.30** MOVIE: The Pelican Brief. (1993, M) **11.20** Late Programs.

9GO! (93, 82)

6am Children's Programs. **1.50pm** Full Bloom. **2.50** Ben Fogle: Starting Up Starting Over. **3.50** At: Highway Patrol. **4.50** Abby's. **5.20** Sunnyside. **5.50** MOVIE: The Little Rascals. (1994) **7.30** MOVIE: Arrival. (2016, M) **9.50** MOVIE: Ad Astra. (2019, M) **12.15am** Falling Water. **2.05** Ben Fogle: Starting Up Starting Over. **3.00** Teen Titans Go! **3.30** Beyblade Burst QuadStrike. **4.00** Yu-Gi-Oh! Sevens. **4.30** Late Programs.

TEN (10, 5)

6am Morning Programs. **8.30** Freshly Picked. (R) **9.00** The Chef's Garden. **9.30** Pooches At Play. (R) **10.00** St10. (PG) **12.00** Shark Tank. (PGa, R) **1.10** My Market Kitchen. (R) **1.30** Three Blue Ducks. (PGI, R) **2.00** Freshly Picked. (R) **2.30** Everyday Gourmet. (R) **3.00** Destination Dessert. (R) **3.30** GCBC. (R) **4.00** Farm To Fork. (PG, R) **4.30** Taste Of Australia: BBQ Special. (Return) **5.00** News.

6.30 The Sunday Project.

Panelists dissect, digest and reconstitute the daily news, events and hottest topics.
7.30 The Graham Norton Show. (Return) Graham Norton is joined by Kylie Minogue, Stephen Graham, David Mitchell and Mawaan Rizwan.
8.30 NCIS: Hawai'i. (Mdv, R) When a US Marine corporal dies in a tide pool after being exposed to fentanyl, the NCIS team must quickly find the source of the drugs. Alex talks about taking a gap year. Ernie reveals some personal news.
10.30 Five Bedrooms. (Mls, R) Ainsley and Simmo's wedding day arrives.
11.30 The Sunday Project. (R) A look at the day's news.
12.30 Home Shopping. (R)
4.30 CBS Mornings.

10 BOLD (12, 51)

6am Home Shopping. **7.30** Key Of David. **8.00** The Offroad Adventure Show. **9.00** What's Up Down Under. **10.00** Escape Fishing With ET. **11.00** Luxury Escapes. **11.30** Destination Dessert. **Noon** JAG. **2.00** All 4 Adventure. **3.00** What's Up Down Under. **4.00** Pooches At Play. **4.30** Reel Action. **5.00** iFish. **5.30** JAG. **7.30** NCIS. **10.20** Blue Bloods. **11.15** NCIS: LA. **11.00am** Star Trek: Discovery. **2.05** Late Programs.

10 PEACH (11, 52)

6am Friends. **10.30** Shark Tank. **11.40** The Big Bang Theory. **12.30pm** The Middle. **1.30** Basketball. NBL. Round 1. Adelaide 36ers v Melbourne United. **3.30** Basketball. NBL. Round 1. South East Melbourne Phoenix v Perth Wildcats. **5.30** The Middle. **6.00** The Big Bang Theory. **8.30** Thank God You're Here. **9.30** Two And A Half Men. **11.00** Friends. **Midnight** Shopping. **1.30** Charmed. **2.30** Bold. **4.30** Shopping.



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Monday, October 2

ABC TV (2)

6.00 News Breakfast. **9.00** ABC News Mornings. **10.00** Landline. (R) **11.00** Antiques Roadshow. (R) **12.00** ABC News At Noon. **1.00** Vera. (Mv, R) **2.30** The Cook And The Chef. (R) **3.00** Restoration Australia. (R) **3.55** Tenable. (R) **4.40** Long Lost Family. (PG, R) **5.30** Hard Quiz. (PG, R)

6.00 The Drum.

7.00 ABC News.
7.30 7.30. Presented by Sarah Ferguson.
8.00 Australian Story. Australians tell personal stories.
8.30 Four Corners. Investigative journalism program exposing scandals, triggering inquiries, firing debate and confronting taboos.
9.15 Media Watch. (PG) Hosted by Paul Barry.
9.35 Q+A. Public affairs program.
10.35 ABC Late News.
10.50 The Business. (R)
11.10 The Newsreader. (Ml, R)
12.05 Space 22. (Final, PG, R) **12.35** Our Brain. (PG, R) **1.35** Rage. (MA15+adhlmsv) **3.40** Tenable. (R) **4.30** The Drum. (R) **5.30** 7.30. (R)

ABC TV PLUS (22)

6am Children's Programs. **7.05pm** Karma's World. **7.20** Bluey. **7.30** Spicks And Specks. **8.00** Would I Lie To You? **8.30** Ningaloo Nyinggulu. **9.30** George Clarke's Amazing Spaces. **10.20** Julia Zemiro's Home Delivery. **10.50** Enslaved. (Final) **11.50** Leaving Allen Street. **12.45am** Escape From The City. **1.45** Ghosts. (Final) **2.15** Whose Line Is It Anyway? **2.35** Veneno. **3.35** ABC News Update. **3.40** Close. **5.00** Late Programs.

NITV (34)

6am Morning Programs. **7.15** The World According To Grandpa. **7.30** Waabiny Time. **7.55** Little J And Big Cuz. **8.05** Nanny Tuta. **8.10** Spartakus And The Sun Beneath The Sea. **8.35** Bushwhacked! **9.00** Rugby League. Koori Knockout. **5.30pm** Going Places. **6.00** APTN National News. **6.30** News. **6.40** Arabian Inferno. **7.35** First Australians. **8.30** Living Black. **9.00** Two Laws. **11.25** Late Programs.

SBS (3)

6.00 DW English News. **6.30** ABC America This Week. **7.30** France 24 English News. **8.00** DD India Prime Time News. **9.00** Rugby League. Koori Knockout. **5.00** Kariwa. Short film. **5.05** Jeopardy! (R) Hosted by Alex Trebek. **5.30** Letters And Numbers. (R) Hosted by Richard Morecroft.

6.00 Mastermind Australia.

(R) Presented by Marc Fennell.
6.30 SBS World News.
7.30 Finding Your Roots: Hollywood Royalty - Isabella Rossellini, Anjelica Houston, Mia Farrow. Hosted by Henry Louis Gates Jr.
8.30 MOVIE: Sheryl. (2022) Charts the life and career of American singer-songwriter Sheryl Crow. Sheryl Crow, Laura Dern, Bill Bottrell.
10.15 SBS World News Late.
10.45 My Brilliant Friend. (Ml)
11.55 The A Word. (Mal, R)
3.20 Italian Food Safari. (R) **3.55** Going Places With Ernie Dingo. (R) **4.25** Bamay. (R) **5.00** NHK World English News Morning. **5.30** ANC Philippines The World Tonight.

SBS VICELAND (31)

6am WorldWatch. **9.30** Small Business Secrets. **10.00** Shortland St. **12.05pm** MOVIE: Vinyl Nation. (2020, M) **1.45** Lee Lin Chin's Fashionista. **1.55** The Inside Story. **2.30** Insight. **3.30** WorldWatch. **5.15** Counter Space. **5.45** Forged In Fire: Best Of. **6.35** Jeopardy! **7.30** 8 Out Of 10 Cats. **8.30** Question Team. **9.20** The Change. **9.50** 19th Asian Games. Asian Games. Athletics. **Midnight** Late Programs.

SBS WORLD MOVIES (32)

6am Morning Programs. **8.25** Flight Of The Navigator. (1986, PG) **7.40** Asterix: The Mansions Of The Gods. (2014, PG, French) **9.15** Stolen Kisses. (1968, PG, French) **10.55** In My Country. (2004, M) **12.50pm** Look At Me. (2018, M, Arabic) **2.40** Malcolm. (1986, PG) **4.15** A Hard Day's Night. (1964, PG) **5.50** Footy Legends. (2006, PG) **7.30** Drunken Master. (1978, M, Cantonese) **9.35** Vanishing. (2021, Korean) **11.15** Late Programs.

SEVEN (7, 6)

6.00 Sunrise. **9.00** The Morning Show. (PG) **11.30** Seven Morning News. **12.00** MOVIE: Love's Last Resort. (2017, PGa, R) Alix Angelis, Jesse Hutch, Thomas Beaudoin. **2.00** Border Security: International. (PG, R) **2.30** Border Security USA. (PG, R) **3.00** The Chase. **4.00** Seven News At 4. **5.00** The Chase Australia.

6.00 Seven News.

7.00 Home And Away. (PGa)
7.30 My Kitchen Rules. (PGI) The heat is on as the teams try to secure their place in a final.
9.15 The Rookie. (Mav) The team investigates a pattern of kidnappings, which leads them to a discovery that hits close to home.
10.15 The Rookie: Feds. (Mdv) Simone uncovers a trail of bodies.
11.15 The Latest: Seven News.
11.45 Chicago Fire. (Ma)
12.45 Kachie's Business Builders. (R)
1.15 Travel Oz. (R)
2.00 Home Shopping. (R)
4.00 NBC Today.
5.00 Seven Early News.
5.30 Sunrise.

7MATE (74, 60)

6am Morning Programs. **1pm** Seven's Motorsport Classic. **1.30** Rides Down Under: Workshop Wars. **2.30** Motor Racing. Supercars C'ship. OTR SuperSprint. H'lights. **3.30** Motor Racing. Supercars C'ship. Sandown 500. H'lights. **4.30** Storage Wars: TX. **5.00** American Restoration. **5.30** American Pickers. **6.30** Cricket. Women's T20. Aust v West Indies. **10.00** Late Programs.

7TWO (72, 62)

6am Morning Programs. **9.30** I Escaped To The Country. **10.30** Better Homes. **1pm** Business Builders. **1.30** The Real Seachange. **2.00** To Be Advised. **2.30** My Greek Odyssey. **3.30** Coastwatch Oz. **4.00** Medical Emergency. **4.30** Better Homes. **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** Doc Martin. **8.30** Endeavour. **10.30** Air Crash Investigations. **11.30** Late Programs.

NINE (9, 8)

6.00 Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** MOVIE: My Birthday Romance. (2020, PGa, R) **2.00** Pointless. (PG, R) **3.00** Tipping Point. (PG) **4.00** Millionaire Hot Seat. **5.00** Afternoon News.

6.00 Nine News.

7.00 A Current Affair.
7.30 The Block. (PGal) Hosted by Scott Cam.
9.00 Missing Persons Investigation. An author's brother goes missing.
10.00 The Trial Of Louise Woodward. (Mav)
11.10 Nine News Late.
11.40 Resident Alien. (Mlmsv, R)
12.30 Tipping Point. (PG, R) **1.30** World's Greatest Engineering Icons. (PG, R) **2.30** Global Shop. (R) **3.00** TV Shop: Home Shopping. (R) **4.00** Believer's Voice Of Victory. (PGa) **4.30** A Current Affair. (R) **5.00** News Early Edition. **5.30** Today.

9GEM (92, 81)

6am Morning Programs. **7.30** Skippy. **8.00** TV Shop. **9.30** Newstyle Direct. **10.00** Danoz. **10.30** Pointless. **11.30** My Favorite Martian. **Noon** Days Of Our Lives. **12.55** The Young And The Restless. **1.50** Explore. **2.00** Dr Quinn. **3.00** Antiques Roadshow. **3.30** MOVIE: The Captive Heart. (1946, PG) **5.30** The Travelling Auctioneers. **6.30** Antiques Roadshow. **7.30** Death In Paradise. **8.40** Agatha Raisin. **10.40** Late Programs.

9GO! (93, 82)

6am Children's Programs. **Noon** Top Chef. **1.00** Starting Up, Starting Over. **2.00** Bewitched. **2.30** Full House. **3.00** MacGyver. **4.00** Family Ties. **4.30** The Addams Family. **5.00** Bewitched. **5.30** I Dream Of Jeannie. **6.00** Raymond. **7.00** Young Sheldon. **7.30** RBT. **8.30** MOVIE: The Expendables. (2010, MA15+) **10.30** Young Sheldon. **11.00** Homeland. **12.05am** Late Programs.

TEN (10, 5)

6.00 What's Up Down Under. (R) **6.30** My Market Kitchen. (R) **7.00** Farm To Fork. (PG, R) **7.30** Ent. Tonight. (R) **8.00** Everyday Gourmet. (R) **8.30** GCBC. (R) **9.00** Judge Judy. (PG, R) **9.30** Bold. (PG, R) **10.00** Studio 10. (PG) **12.00** 10 News First: Midday. **1.00** Dr Phil. (PGal, R) **2.00** To Be Advised. **3.15** Ent. Tonight. **3.30** Everyday Gourmet. **4.00** Bold. (PGa) **4.30** Neighbours. (PGa) **5.00** News.

6.30 The Project.

A look at the day's news and events.
7.30 The Masked Singer Australia. Hosted by Osher Günsberg.
8.45 Have You Been Paying Attention? (Malns) Celebrity panellists compete to see who can remember the most about events of the week.
9.45 Inspired Unemployed (Impractical) Jokers. (Ma, R) Four mates set out to embarrass each other.
10.45 FBI: Most Wanted. (Mav, R) Barnes makes a life-changing decision.
11.40 The Project. (R)
12.35 The Late Show With Stephen Colbert. (PG)
1.30 Home Shopping. (R)
4.30 CBS Mornings.

10 BOLD (12, 51)</

Tuesday, October 3

ABC TV (2)

6.00 News. **9.00** News. **10.00** Foreign Correspondent. (R) **10.30** Ask The Doctor. (R) **11.00** Becoming Frida Kahlo. (PGa, R) **12.00** ABC News At Noon. **1.00** Call The Midwife. (PG, R) **2.00** Poh's Kitchen Lends A Hand. (R) **2.30** Julia Zemiro's Home Delivery. (PG, R) **3.00** Restoration Australia. (PG, R) **3.55** Tenable. (R) **4.40** Long Lost Family. (PG, R) **5.30** Hard Quiz. (PG, R)

6.00 The Drum. **7.00** ABC News. **7.30** **7.30**. Presented by Sarah Ferguson. **8.00** Kitchen Cabinet. (Final) Annabel Crabb meets Anika Wells. **8.30** Old People's Home For Teenagers. (Return, PG) A new set of teens and seniors come together for an intergenerational experiment. **9.30** Australia After War: Exit Wounds. (Mal) Part 1 of 4. **10.30** ABC Late News. **10.45** The Business. (R) **11.05** Four Corners. (R) **11.50** Media Watch. (PG, R) **12.10** Barrenjoey Road. (Mal, R) **1.10** Rage. (MA15+adhl) **3.40** Tenable. (R) **4.30** The Drum. (R) **5.30** **7.30**. (R)

ABC TV PLUS (22)

6am Children's Programs. **7.05pm** Karma's World. **7.20** Bluey. **7.30** Spicks And Specks. **8.00** Would I Lie To You? **8.30** Queen Of Oz. **9.00** Starstruck. **9.30** Mother And Son. **10.00** Blunt Talk. **10.25** Red Dwarf. **11.00** Would I Lie To You? **11.30** Frayed. **12.15am** Staged. **12.40** Mock The Week. **1.15** ABC News Update. **1.20** Close. **5.00** Clangers. **5.10** Pablo. **5.25** Pocoyo. **5.30** Sarah & Duck. **5.45** Late Programs.

NITV (34)

6am Morning Programs. **2.30pm** The Cook Up. **3.00** Jarjums. **3.40** Fresh Fairytales. **3.55** Pipi Ma. **4.00** Crazy Smart Science. **4.30** Spartakus And The Sun Beneath The Sea. **5.00** Our Stories. **5.30** Indian Country Today News. **6.00** Bamay. **6.30** News. **6.40** Brazil Untamed. **7.30** The Point: Referendum Road Trip. **8.30** Our Voice, Our Heart. **9.30** History Bites Back. **10.30** MOVIE: High Ground. (2020, MA15+) **12.20am** Late Programs.

SBS (3)

6.00 WorldWatch. **9.15** Make Me A Dealer. (R) **10.05** Rick Steves' Europe. **11.10** The Last Overland: Singapore To London. (M, R) **12.00** WorldWatch. **2.00** How The Nazis Lost The War. (PGa, R) **2.55** I Am Emmanuel. (PGa, R) **3.15** Mastermind Aust. (R) **3.45** The Cook Up. (PG, R) **4.15** World's Most Scenic Railway Journeys. (PGa, R) **5.05** Jeopardy! (R) **5.30** Letters And Numbers. (R)

6.00 Mastermind Australia. (R) **6.30** SBS World News. **7.30** The Point: Referendum Road Trip. A look at First Nations perspectives. **8.30** Insight. (R) Kumi Taguchi takes a look at the value of pets, with the public spending more on them than ever. **9.30** Dateline: Making A Militant. Takes a look at a new militant group called The Lion's Den that has been behind a wave of violence. **10.00** SBS World News Late. **10.30** Living Black: Western Australia's "Cultural Genocide". (R) **11.15** Blackport. (Mlv) **12.10** Darkness: Those Who Kill. (Mav, R) **3.50** Italian Food Safari. (R) **4.20** Bamay. (R) **5.00** NHK World English News Morning. **5.30** ANC Philippines The World Tonight.

SBS VICELAND (31) **6am** WorldWatch. **10.00** Shortland St. **Noon** Hustle. **1.40** Gaycation. **2.25** Extreme Food Phobics. **3.20** WorldWatch. **5.20** Counter Space. **5.50** Forged In Fire. **6.40** Jeopardy! **7.35** 8 Out Of 10 Cats Does Countdown. **8.30** Indian Space Dreams. **9.30** Adam Eats The 80s. **9.50** Larapinta. **10.20** 19th Asian Games. Asian Games. Football. Women's second semi-final. **12.30am** Late Programs.

SBS WORLD MOVIES (32) **6am** Morning Programs. **8.20** Whisky Galore. (2016, PG) **10.10** Margot At The Wedding. (2007, M) **11.50** Dalida. (2016, M, French) **2.10pm** Flight Of The Navigator. (1986, PG) **3.50** Last Letter. (2018, PG, Mandarin) **5.55** Fill The Void. (2012, Hebrew) **7.35** Drunken Master II. (1994, M, Cantonese) **9.30** Deliver Us From Evil. (2020, MA15+, Korean) **11.30** Late Programs.

SEVEN (7, 6)

6.00 Sunrise. **9.00** The Morning Show. (PG) **11.30** Seven Morning News. **12.00** To Be Advised. **1.45** Surveillance Oz. (PG, R) **2.00** Border Security: America's Front Line. (PG, R) **2.30** Border Security USA. (PG, R) **3.00** The Chase. **4.00** Seven News At 4. **5.00** The Chase Australia.

6.00 Seven News. **7.00** Home And Away. (PGas) **7.30** My Kitchen Rules. (Final, PG) It is down to the final two teams, who battle it out to prove they have what it takes to claim the \$100,000 prize. **9.30** Ambulance: Code Red. (Mav, R) Follows the work of an ambulance service, giving an insight into the life and death incidents they face. **10.30** The Latest: Seven News. **11.00** Chicago Fire. (Ma) A floater takes an interest in Violet. **12.00** The Arrangement. (Mas, R) Megan figures out her next step. **2.00** Home Shopping. (R) **4.00** NBC Today. News and current affairs. **5.00** Seven Early News. **5.30** Sunrise.

7MATE (74, 60) **6am** Morning Programs. **1pm** Counting Cars. **2.00** Jade Fever. **3.00** Billy The Exterminator. **3.30** Full Custom Garage. **4.30** Storage Wars: TX. **5.00** American Restoration. **5.30** American Pickers. **6.30** Pawn Stars. **7.30** Outback Truckers. **8.30** Gem Hunters Down Under. (Return) **9.30** Adventure Gold Diggers. (Premiere) **10.30** Jade Fever. **11.30** Late Programs.

7TWO (72, 62) **6am** Morning Programs. **9.00** Harry's Practice. **9.30** NBC Today. **Noon** Better Homes. **1.00** Escape To The Country. **2.00** To Be Advised. **2.30** Air Crash Investigations. **3.30** Coastwatch Oz. **4.00** Medical Emergency. **4.30** Better Homes. **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** The Coroner. **8.30** Inspector George Gently. **10.30** Law & Order: UK. **11.30** Late Programs.

NINE (9, 8)

6.00 Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** The Block. (PGal, R) **1.30** Getaway. (PG, R) **2.00** Pointless. (PG, R) **3.00** Tipping Point. (PG) **4.00** Millionaire Hot Seat. **5.00** Afternoon News.

6.00 Nine News. **7.00** A Current Affair. **7.30** The Block. (PGal) Hosted by Scott Cam. **8.45** Space Invaders. (PGal, R) Laura Byrne and Matty J, stars of *The Bachelor*, call in the team to help Laura's mum Kim. **9.45** Love Triangle. (Mls) The six original singles go on blind dates. **10.45** Nine News Late. A look at the latest news and events. **11.15** New Amsterdam. (MA15+amv, R) **12.10** Tipping Point. (PG, R) **1.00** Space Invaders. (PGal, R) **2.00** Good Chef Hunting. (PG, R) **2.30** Outdoors Indoors. **3.00** TV Shop: Home Shopping. (R) **4.00** Believer's Voice Of Victory. (PGa) **4.30** A Current Affair. (R) **5.00** News Early Edition. **5.30** Today.

9GEM (92, 81) **6am** Morning Programs. **7.30** Skippy. **8.00** TV Shop. **9.30** Newstyle Direct. **10.00** TV Shop. **10.30** Pointless. **11.30** My Favorite Martian. **Noon** Days Of Our Lives. **12.55** The Young And The Restless. **1.50** Explore. **2.05** Dr Quinn. **3.05** Antiques Roadshow. **3.35** MOVIE: Brighton Rock. (1948, PG) **5.30** The Travelling Auctioneers. **6.30** Antiques Roadshow. **7.30** New Tricks. **8.40** The Closer. **9.40** Rizzoli & Isles. **10.40** Late Programs.

9GO! (93, 82) **6am** Children's Programs. **Noon** Top Chef. **1.00** Bewitched. **1.30** Raymond. **2.30** Full House. **3.00** MacGyver. **4.00** Family Ties. **4.30** The Addams Family. **5.00** Bewitched. **5.30** I Dream Of Jeannie. **6.00** Raymond. **7.00** Young Sheldon. **7.30** MOVIE: Hot Pursuit. (2015, M) **9.15** MOVIE: Locked Down. (2021, M) **11.40** Young Sheldon. **12.10am** Homeland. **1.10** Love Island USA. **2.00** I Dream Of Jeannie. **2.30** Late Programs.

TEN (10, 5)

6am Morning Programs. **6.30** My Market Kitchen. (R) **7.00** Farm To Fork. (PG, R) **7.30** Ent. Tonight. (R) **8.00** Everyday Gourmet. (R) **8.30** Judge Judy. (PG, R) **9.00** Bold. (PGa, R) **9.30** Neighbours. (PGa, R) **10.00** Studio 10. (PG) **12.00** 10 News First: Midday. **1.00** Dr Phil. (PGal, R) **2.00** To Be Advised. **3.15** Ent. Tonight. **3.30** Everyday Gourmet. **4.00** Bold. (PGas) **4.30** Neighbours. (PGa) **5.00** News.

6.30 The Project. A look at the day's news and events. **7.30** Shark Tank. (PGals) Sabri Suby, Dr Catriona Wallace, Davie Fogarty, Jane Lu and Robert Herjavec are shown inventions. **8.40** The Cheap Seats. (Mal) Presenters Melanie Bracewell and Tim McDonald take a look at the week that was. **9.40** NCIS. (Ma, R) When an NCIS agent turns up dead and Kasie is unaccounted for, the team must work quickly to find the killer. **10.30** NCIS: Hawai'i. (Mdv, R) A marine corporal dies in a tide pool. **11.30** The Project. (R) A look at the day's news and events. **12.30** The Late Show With Stephen Colbert. (PG) **1.30** Home Shopping. (R) **4.30** CBS Mornings.

10 BOLD (12, 51) **6am** Home Shopping. **8.00** Australia By Design: Architecture. **8.30** Pooches At Play. **9.00** Beyond The Fire. **9.30** Jake And The Fatman. **10.30** JAG. **12.30pm** Star Trek: Voyager. **2.30** Jake And The Fatman. **3.30** Diagnosis Murder. **5.30** JAG. **7.30** Bull. **8.30** NCIS. **9.25** FBI. **10.20** 48 Hours. **12.15am** Home Shopping. **2.15** Diagnosis Murder. **4.05** JAG.

10 PEACH (11, 52) **6am** The Late Show With Stephen Colbert. **7.00** Becker. **8.00** Seinfeld. **9.00** Basketball. NBL. Round 1. Adelaide 36ers v Melbourne United. Replay. **11.00** Frasier. **Noon** Becker. **1.00** Seinfeld. **3.00** The King Of Queens. **4.00** Becker. **5.00** Frasier. **6.00** Friends. **6.30** Neighbours. **7.00** Friends. **8.00** The Big Bang Theory. **9.20** Two And A Half Men. **10.10** Seinfeld. **11.10** Late Programs.



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Wednesday, October 4

ABC TV (2)

6.00 News Breakfast. **9.00** ABC News Mornings. **10.00** Four Corners. (R) **10.45** Q+A. (R) **12.00** ABC News At Noon. **12.30** National Press Club Address. **1.40** Media Watch. (PG, R) **1.55** Shakespeare Uncovered. (PG, R) **3.00** Restoration Australia. (PG, R) **3.55** Tenable. (R) **4.40** Long Lost Family. (PG, R) **5.30** Hard Quiz. (PG, R)

6.00 The Drum. **7.00** ABC News. **7.30** **7.30**. **8.00** Hard Quiz. (PG) Presented by Tom Gleeson. **8.30** Mother And Son. (PG) Maggie fears she is becoming "invisible". **9.05** WTF! Chas Licciardello learns about butterflies. **9.35** Starstruck. (Ml) Tom comes clean about a secret. **9.55** Would I Lie To You? (PG, R) **10.35** ABC Late News. **10.50** The Business. (R) **11.05** Australian Women In Music Awards. (R) **12.35** Death In Paradise. (Mv, R) **1.35** Annika. (Mal, R) **2.25** Rage. (MA15+adhl) **3.40** Tenable. (R) **4.30** The Drum. (R) **5.30** **7.30**. (R)

ABC TV PLUS (22) **6am** Children's Programs. **6.55pm** Shaun The Sheep. **7.05** Karma's World. **7.20** Bluey. **7.30** Spicks And Specks. **8.00** Would I Lie To You? **8.30** Vera. **10.00** Savage River. (Final) **11.00** Killing Eve. **11.45** Noughts + Crosses. **12.40am** Louis Theroux: Under The Knife. **1.40** Civilisations. **2.40** ABC News Update. **2.45** Close. **5.00** Clangers. **5.10** Pablo. **5.25** Pocoyo. **5.30** Sarah & Duck. **5.40** Late Programs.

NITV (34) **6am** Morning Programs. **1pm** Going Places. **2.00** Bamay. **2.30** The Cook Up. **3.00** Motown Magic. **3.25** Red Dirt Riders. **3.40** Fresh Fairytales. **3.55** Pipi Ma. **4.00** Crazy Smart Science. **4.30** Spartakus And The Sun Beneath The Sea. **5.00** Our Stories. **5.30** Te Ao With Moana. **6.00** Bamay. **6.35** News. **6.45** Brazil Untamed. **7.40** The Frontier. **8.30** The First Inventors. **9.25** Nadia: A Stolen Life. **11.00** Late Programs.

SBS (3)

6.00 WorldWatch. **9.10** Cook Up Bitesize. (R) **9.15** Make Me A Dealer. (PGl, R) **10.05** Rick Steves' Europe. **11.05** The Last Overland: Singapore To London. (PGa, R) **12.00** WorldWatch. **2.00** Dateline. (R) **2.30** Insight. (R) **3.30** Inferno. (PGa, R) **3.45** The Cook Up. (PG, R) **4.15** World's Most Scenic Railway Journeys. (PGa, R) **5.05** Jeopardy! (R) **5.30** Letters And Numbers. (R)

6.00 Mastermind Australia. (R) **6.30** SBS World News. **7.30** Bettany Hughes: Treasures of Estonia. (PGa) Bettany Hughes explores Estonia. **8.30** While The Men Are Away. (MA15+) Having retrieved the key to the strong box, Frankie finally has access to the funds for the farm. **9.30** Elvis' Women: Bad Movies, Bad Marriage. (Mas) Part 2 of 3. **10.40** SBS World News Late. **11.10** Trom. (Malv) **11.55** Cargo. (Mal, R) **3.30** Italian Food Safari. (R) **4.00** Going Places With Ernie Dingo. (R) **4.30** Bamay. (R) **5.00** NHK World English News Morning. **5.30** ANC Philippines The World Tonight.

SBS VICELAND (31) **6am** WorldWatch. **10.00** Shortland St. **Noon** Roger Waters: Us And Them. **2.15** Bamay. **2.35** Planet A. **3.20** WorldWatch. **5.20** Counter Space. **5.50** Forged In Fire: Best Of. **6.40** Jeopardy! **7.35** 8 Out Of 10 Cats Does Countdown. **8.30** Celebrity Letters And Numbers. **9.30** Life And Death Of A TV Presenter. **10.25** 19th Asian Games. Asian Games. Football. Men's first semi-final. **12.30am** Late Programs.

SBS WORLD MOVIES (32) **6am** Last Letter. Continued. (2018, PG, Mandarin) **7.35** The Red Shoes. (1948, PG) **10.05** Drunken Master. (1978, M, Cantonese) **12.10pm** Alan Partridge: Alpha Papa. (2013, M) **1.50** Footy Legends. (2006, PG) **3.30** Hairspray. (1988, PG) **5.10** Steamboy. (2004, PG) **7.30** The Big Boss. (1971, M, Cantonese) **9.30** Hunt. (2022, MA15+, Korean) **11.55** Train To Busan. (2016, MA15+, Korean) **2.05am** Late Programs.

SEVEN (7, 6)

6.00 Sunrise. **9.00** The Morning Show. (PG) **11.30** Seven Morning News. **12.00** To Be Advised. **1.45** Surveillance Oz. (PG, R) **2.00** Border Security: America's Front Line. (PG, R) **2.30** Border Security: International. (PG, R) **3.00** The Chase. **4.00** Seven News At 4. **5.00** The Chase Australia.

6.00 Seven News. **7.00** Home And Away. (PGa) **7.30** The Voice. (PG) Hosted by Sonia Kruger. **8.50** RFDs. (Mal) Pete is forced to face his deepest fears when the crew are tasked with dealing with a catastrophic boat crash. **9.50** The Amazing Race. (Return, PG) Hosted by Phil Keoghan. **11.20** The Latest: Seven News. **11.50** Autopsy: USA: Desi Arnaz. (Ma) **12.50** The Enemy Within. (Mav, R) **2.00** Home Shopping. (R) **4.00** NBC Today. **5.00** Seven Early News. **5.30** Sunrise.

7MATE (74, 60) **6am** Morning Programs. **11.00** Pawn Stars. **Noon** Gem Hunters Down Under. **1.00** Adventure Gold Diggers. **2.00** Jade Fever. **3.00** Billy The Exterminator. **3.30** Full Custom Garage. **4.30** Storage Wars: TX. **5.00** American Restoration. **5.30** American Pickers. **6.30** Pawn Stars. **7.30** Highway Patrol. **8.30** The Force: Behind The Line. **9.30** Mt Hutt Rescue. **10.30** Surveillance Oz. **11.00** Late Programs.

7TWO (72, 62) **6am** Shopping. **6.30** Escape To The Country. **7.30** Coastwatch Oz. **8.00** Million Dollar Minute. **9.00** Harry's Practice. **9.30** NBC Today. **Noon** Better Homes. **1.00** Escape To The Country. **2.00** To Be Advised. **2.30** The Bowls Show. **3.30** Coastwatch Oz. **4.00** Medical Emergency. **4.30** Better Homes. **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** Heartbeat. **8.45** Lewis. **10.45** Late Programs.

NINE (9, 8)

6.00 Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** The Block. (PGal, R) **1.15** Mr Mayor. (PG, R) **1.45** Explore. (R) **2.00** Pointless. (PG, R) **3.00** Tipping Point. (PG) **4.00** Millionaire Hot Seat. **5.00** Afternoon News.

6.00 Nine News. **7.00** A Current Affair. **7.30** The Block. (PGal) Hosted by Scott Cam. **8.40** Luxe Listings Sydney. (Ml) Simon Cohen hosts a surprise celebration and reveals bold new plans for his business. **9.40** Country Home Rescue With Shayna Blaze. (PG, R) Shayna Blaze restores a dilapidated home. **10.40** Nine News Late. **11.10** The Equalizer. (MA15+v) **12.00** The Gulf. (Madls, R) **1.00** Tipping Point. (PG, R) **2.00** Getaway. (PG, R) **2.30** Global Shop. (R) **3.00** TV Shop: Home Shopping. (R) **4.00** Believer's Voice Of Victory. (PGa) **4.30** A Current Affair. (R) **5.00** News Early Edition. **5.30** Today.

9GEM (92, 81) **6am** Seaway. **7.00** Creflo. **7.30** Skippy. **8.00** TV Shop. **10.30** Pointless. **11.30** My Favorite Martian. **Noon** Days Of Our Lives. **12.55** The Young And The Restless. **1.50** Explore. **2.00** Dr Quinn. **3.00** Antiques Roadshow. **3.30** MOVIE: Brothers In Law. (1957) **5.30** The Travelling Auctioneers. **6.30** Antiques Roadshow. **7.30** As Time Goes By. **8.40** Midsomer Murders. **10.50** Late Programs.

9GO! (93, 82) **6am** Children's Programs. **Noon** Top Chef. **1.00** Bewitched. **1.30** Raymond. **2.30** Full House. **3.00** MacGyver. **4.00** Family Ties. **4.30** The Addams Family. **5.00** Bewitched. **5.30** I Dream Of Jeannie. **6.00** Raymond. **7.00** Young Sheldon. **7.30** MOVIE: Trainwreck. (2015, M) **10.00** MOVIE: Sisters. (2015, MA15+) **12.25am** Homeland. **1.30** Love Island USA. **2.30** Full House. **3.00** Bakugan. **3.30** Monkie Kid. **4.00** Late Programs.

TEN (10, 5)

6am Morning Programs. **7.30** Ent. Tonight. (R) **8.00** Everyday Gourmet. (R) **8.30** Judge Judy. (PG, R) **9.00** Bold. (PGa, R) **9.30** Neighbours. (PGa, R) **10.00** Studio 10. (PG) **12.00** 10 News First: Midday. **1.00** Dr Phil. (PGal, R) **2.00** Shark Tank. (PGals, R) **3.00** Ent. Tonight. **3.30** Everyday Gourmet. **4.00** Bold. (PGas) **4.30** Neighbours. (PGa) **5.00** News.

6.30 The Project. A look at the day's news and events. **7.30** The Amazing Race Australia. (Return, PGal) Eleven celebrities race around the world with those they hold dearest. **9.00** Miniseries: Heat. (Mls) Part 1 of 4. Two families become trapped in the path of an oncoming bushfire. **10.00** So Help Me Todd. (PGa) Margaret helps a client whose mother passed. **11.00** The Project. (R) A look at the day's news and events. **12.00** The Late Show With Stephen Colbert. (PG) **1.00** Home Shopping. (R) **4.30** CBS Mornings.

10 BOLD (12, 51) **6am** Home Shopping. **8.00** Australia By Design: Architecture. **8.30** Pooches At Play. **9.00** Beyond The Fire. **9.30** Jake And The Fatman. **10.30** JAG. **12.30pm** Star Trek: Voyager. **2.30** Jake And The Fatman. **3.30** Diagnosis Murder. **5.30** JAG. **7.30** Bull. **8.30** NCIS. **9.25** Hawaii Five-O. **10.20** NCIS: Hawai'i. **11.15** JAG. **12.15am** Home Shopping. **2.15** Diagnosis Murder. **4.05** JAG.

10 PEACH (11, 52) **6am** The Late Show With Stephen Colbert. **7.00** Becker. **8.00** Seinfeld. **9.00** Friends. **10.00** The King Of Queens. **11.00** Frasier. **Noon** Becker. **1.00** NBL Slam. **1.30** The Big Bang Theory. **2.00** Seinfeld. **3.00** The King Of Queens. **4.00** Becker. **5.00** Frasier. **6.00** Friends. **6.30** Neighbours. **7.00** Friends. **8.00** The Big Bang Theory. **9.20** Two And A Half Men. **10.10** Seinfeld. **11.10** Late Programs.

GIANT CROSSWORD

No. 116

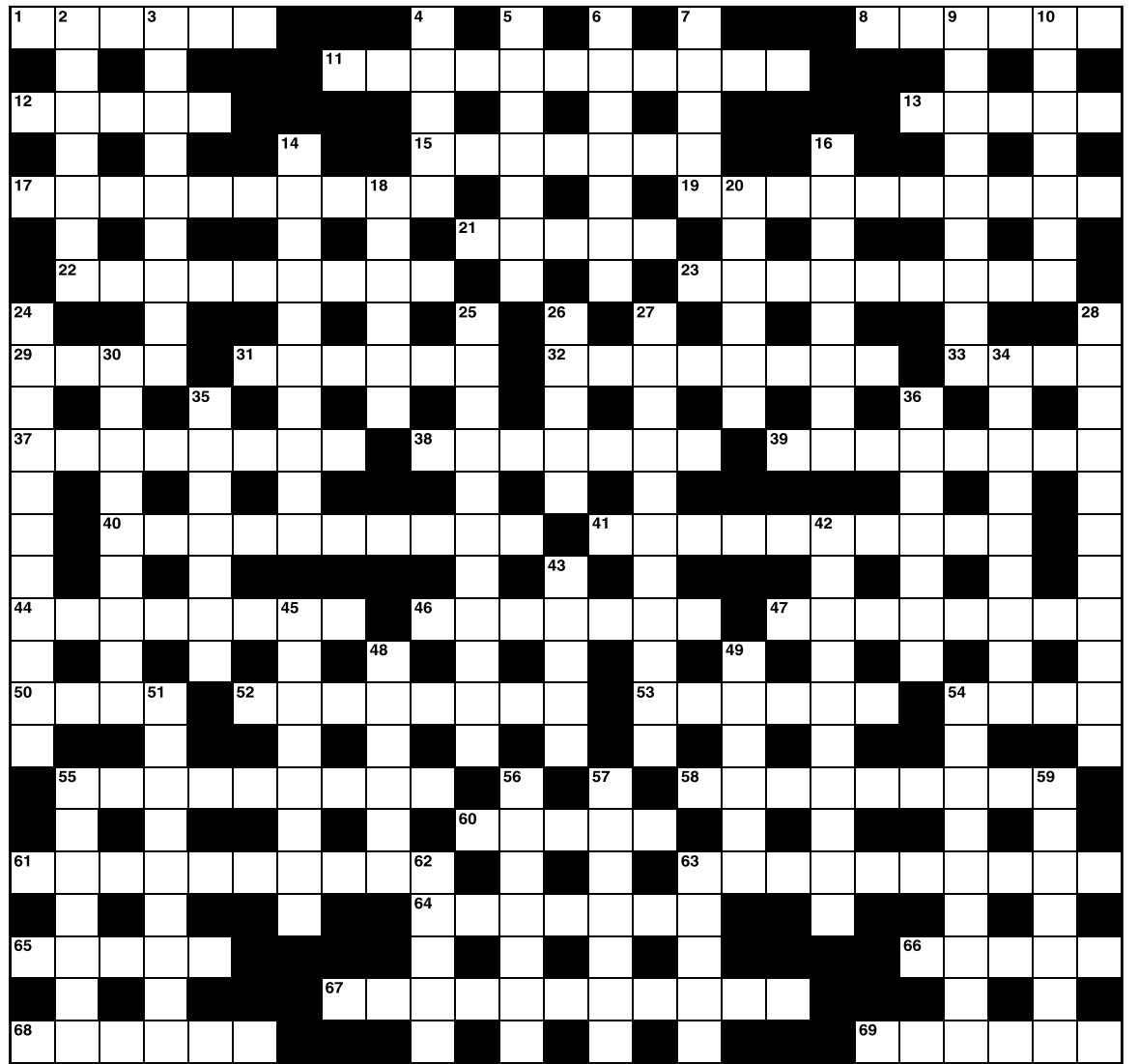
ACROSS

- 1 Slight wind (6)
- 8 Despise (6)
- 11 Dark blue edible berry (11)
- 12 Attach (5)
- 13 Possibly (5)
- 15 Unconfirmed stories and gossip (7)
- 17 Collection of performance pieces (Fr) (10)
- 19 Suitable for photography (10)
- 21 Weighty (5)
- 22 Androids (9)
- 23 Glee (9)
- 29 Holler (4)
- 31 Protrusion of the intestine through the abdominal wall (6)
- 32 Hard to find, needle in a - (8)
- 33 Doppelganger (4)
- 37 The action of moving in a circle around an axis (8)
- 38 Short-tailed burrowing 18-down (7)
- 39 Concealed (8)
- 40 Sheltered bodies of water (10)
- 41 Famous Leonard Cohen song (10)
- 44 Go across (8)
- 46 Mexican wrap (7)
- 47 Not confirmed or validated (8)
- 50 Wheel rod (4)
- 52 Demigod known for the 12 Labours (8)
- 53 Courage (6)
- 54 Language of Pakistan (4)
- 55 First course (9)

- 58 Squander (9)
- 60 Teach (5)
- 61 Wildly emotional (10)
- 63 Paper or magazine (10)
- 64 Tenth month (7)
- 65 Circumference (5)
- 66 Bees make it (5)
- 67 Incantation (11)
- 68 Flowing smoothly (6)
- 69 Maintain (6)

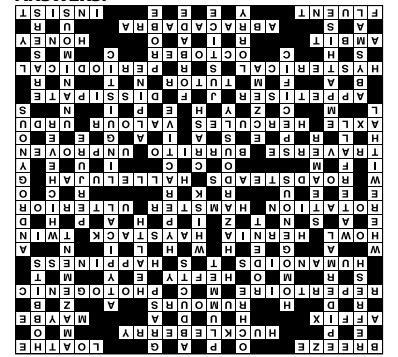
DOWN

- 2 Invigorate (7)
- 3 Relating to the skin (9)
- 4 Earth pigment (5)
- 5 Fall (7)
- 6 Shanghais (7)
- 7 Hold on to (5)
- 9 Astonishment (9)
- 10 Frodo and Sam, for example (7)
- 14 Alike, sharing common traits (10)
- 16 Not representative of a type or group (8)
- 18 Gnawing mammal (6)
- 20 Wellbeing (6)
- 24 Means (11)
- 25 Dangerously (11)
- 26 Kitchen utensil (5)
- 27 Abnormally energetic (11)
- 28 Not clearly male nor female (11)
- 30 Cataract (9)
- 34 Any (9)
- 35 Type of saucepan for cooking food over boiling water (7)
- 36 Lie under oath (7)
- 42 Relating to language (10)
- 43 Collision (5)



- 45 Definite (8)
- 48 Skin rash (6)
- 49 Growing above the timber line (6)
- 51 Understand another's feelings (9)
- 54 In complete agreement (9)
- 55 Dreadful (7)
- 56 Fair verdict (7)
- 57 Prohibited (7)
- 59 Rubbers (7)
- 62 Truck (5)
- 63 Examine searchingly (5)

ANSWERS:

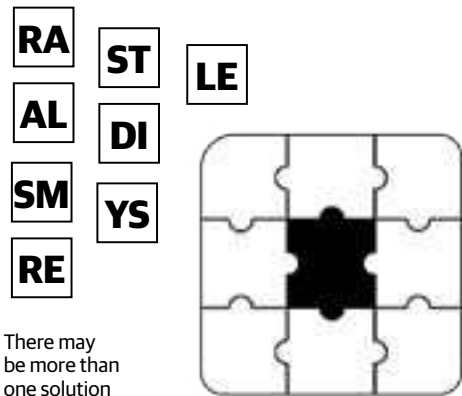


EDGEWORD

No. 116

pm ORIGINAL PUZZLE

Place each of the tiles of letters into the blank jigsaw below to create four six-letter words going across and down.



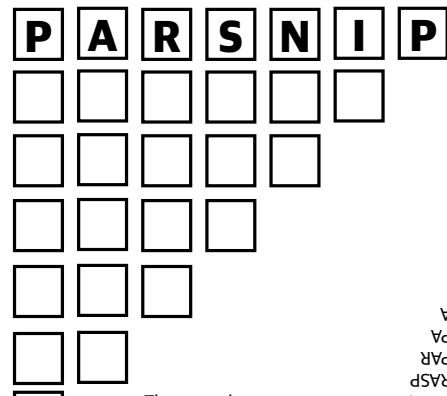
There may be more than one solution

ANSWERS: DISMAL, DIRECT, ALLEYS, STRAYS

DROP DOWN

No. 113

Starting with the seven-letter word, drop a letter and form a six-letter word. Continue in this manner until you reach the single letter at the bottom. You can rearrange the letters in each step, if necessary.



There may be more than one possible answer.

ANSWERS: PARSNIP, SPRAIN, PAIRS, RASP, PAR, PA, A

HOW WELL DO YOU KNOW...

Eddie Murphy

1. Which fictional kingdom features in Murphy's film *Coming 2 America*?

- A. Wakanda
- B. Kumandra
- C. Zamunda
- D. West Angola

2. Which film earned Murphy his only Academy Award nomination?

- A. *Shrek*
- B. *Dreamgirls*
- C. *Dolemite is My Name*
- D. *Harlem Nights*

3. Which Disney sidekick does he provide the voice for?

- A. Sebastian (*The Little Mermaid*)
- B. Timon (*The Lion King*)
- C. Genie (*Aladdin*)
- D. Mushu (*Mulan*)

4. In which movie does he play a US Congressman?

- A. *The Distinguished Gentleman*
- B. *A Thousand Words*
- C. *Trading Places*
- D. *Coming to America*

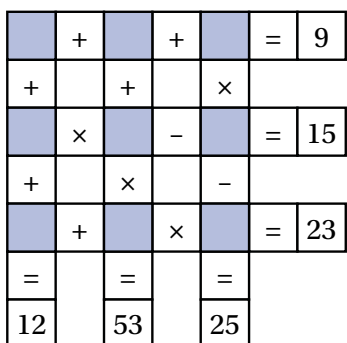
5. Who plays his son in *Coming 2 America*?

- A. Arsenio Hall
- B. Omari Hardwick
- C. Jermaine Fowler
- D. Michael B. Jordan



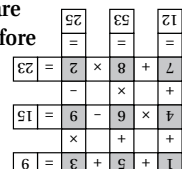
CROSSMATH

No. 0116



Insert each number from 1 to 9 in the shaded squares to solve all the horizontal and vertical equations.

Multiplication and division are performed before addition and subtraction.



WORD TRIANGLE

No. 112

The starting letter could be in any segment, and all subsequent letters are able to be connected following a path through the gaps in the walls. You may only enter each of the segments once, and all letters must be used.

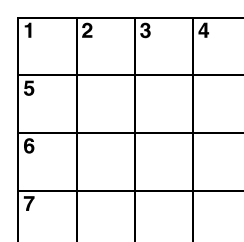


HINT: The answer is a phrase.

ANSWERS: ALIVE AND KICKING

4x4

No. 112



ACROSS

- 1 Damage, - and tear (4)
- 5 Land measure (4)
- 6 Burmese people (4)
- 7 Puddle (4)

DOWN

- 1 Stinging insect (4)
- 2 Reverberation (4)
- 3 Type of knitwear (4)
- 4 Tear into pieces (4)

ANSWERS: 1. Wear, 5. Acre, 6. Shan, 7. Pond, DOWN: 1. Wasp, 2. Echo, 3. Aran, 4. Rend.



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Deadline for all classifications is 3.30pm Tuesday.



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General Notices

Public Notices and Event

PROPOSAL TO UPGRADE MOBILE PHONE BASE STATION AT ROBE INCLUDING 5G

Optus plans to upgrade the telecommunications facilities at the below mentioned address with the addition of new 5G equipment:

Evans Cave Road, Robe SA 5276 (RFNSA: 5276001)

- The proposed 5G upgrade will consist of:
- Replacement of three (3) existing panel antennas with three (3) new panel antennas (each not more than 2.8m long);
 - Installation of fifteen (15) new Remote Radio Units (RRUs);
 - Installation, relocation and removal of ancillary equipment including RRUs, antenna mounts, feeders, cabling, combiners, and
 - Other associated equipment, and works within the existing equipment shelter

Optus regards the proposed installation as a Low-impact Facility under the *Telecommunications (Low-impact Facilities) Determination 2018* based on the description above.

In accordance with Section 7 of *C564:2020 Mobile Phone Base Station Deployment Code 2020*, we invite you to provide feedback about the proposal. Further information and/or comments should be directed to: Vanessa Wan at Service Stream Limited, 0447 240 015, Optus.Submissions@servicestream.com.au or Zenith Tower B, Level 3, 821 Pacific Hwy, Chatswood NSW 2067 by **5pm, Monday 16 October 2023**.

If you would like to know more about this site, further information can be obtained from www.rfnsa.com.au/5276001



General Notices

Public Notices and Event

LIONS CLUB OF PENOLA SENIORS LUNCH
Sunday 8th October at the Penola Bowling Club
12.00 for 12.30
Come along and enjoy good company and meal with friends and neighbours.
RSVP by 1st October by email to penolalions@yahoo.com or by phone to Mike Matuschka 0439 468 813 or Bruce Robertson 0409 671 447

ADVERTISE with us and get better results

CALL 1300 666 808

Public Notices and Event

Penola and Districts Health Advisory Council
Notice of AGM and Call for Nominations
Nominations are hereby called to fill 4 positions on the Penola & Districts Health Advisory Council at the Annual General Meeting.
Nominations must be in writing, signed by two residents of the Community and the nominee, who must also be a resident of the Community.
The AGM will be held on Tuesday 3rd October 2023 at 5pm at the Penola Bowling Club, 28 Queen Street, Penola. If more than the required number of nominees applies, voting will be undertaken at the AGM.
Nomination forms are available from the Penola War Memorial Hospital Administration (8737 2311) and must be received by the Returning Officer up till 5:00pm on Friday 29th September 2023.
Returning Officer
Limestone Coast Local Health Network
18 Church Street, Penola SA 5277
The term "community member" refers to person who lives in the Penola area or who lives outside the council area but uses, or may use services provided by, or associated with the Penola War Memorial Hospital.

Public Notices and Event

Millicent RFDS Support Group AGM 2023.
Tuesday 3rd October.
12 noon.
Millicent Bowling Club.
All positions vacant.
Please bring a light lunch to share.
Monthly meeting to follow AGM.

Employment

Positions Vacant

Casual Vintage Positions
Wynns Coonawarra Estate winery is a part of Treasury Wine Estates and is located in Coonawarra in the South East of South Australia.
We are seeking to appoint motivated and reliable people who have a strong work ethic, with the flexibility and ability to work shift work, weekend work and overtime as requested.
Induction and training for these positions will take place in February 2024 with a view to covering the vintage period.
Applications are invited for the following positions:
Cellar Operators
Reporting to the Cellar Manager at Wynns, you will be part of a team responsible for performing cellar activities and operating equipment to produce wines of the highest quality. The nature of the role is manual and duties will involve transferring wine to and from tanks and barrels, grape receipt and processing, loading and unloading tankers, fermentation and racking, whilst maintaining product integrity.
The position requires adherence to our Occupational Health & Safety Policy and the maintenance of superior house-keeping standards. Cellar experience along with a high risk work licence (Forklift) will be an advantage, but is not essential. Current drivers licence is a requirement for this position.
If you would like more information please contact Richard Johnston (0411 106 896) or email richard.johnston@wynns.com.au
Applicants must hold Australian citizenship/residency or a valid Australian work permit.
Applications for positions close 27th October 2023

Employment

Positions Vacant

Manager/Vehicle Detailer
Needs to manage shop and detail vehicles.
Drivers licence a must.
9am-3pm with potentially 9am-5pm in future.
Immediate start.
Millicent Area.
Call 8733 3331
MILLCENT DETAILERS & CARWASH
ADELAIDE RD, MILLCENT 5280

Vehicle Dismantler / Trades Assistant
8am-4:30pm Full time
Would suit person leading to an apprenticeship.
Immediate start.
Millicent Area
Please contact us on 8733 3331
Dave Reilly's Panel & Paint
Lot 512 Battye St, Millicent SA 5280

Buy, Rent & Sell in our Real Estate section of Network Classifieds.

1300 666 808

Announcements

Deaths

ATKINSON Jake
Passed away peacefully at home on Thursday 21st September 2023. Aged 66 years.
Partner of Julie.
Father of Nicole, Luke, Jaylene and Dion.
Stepdad to Clover, Zale and Maggi.
Pop to 11 Grandchildren and 2 Great-Grandchildren.
Missed by Max.

RYMILL
The family of the late **Thomas Mark Rymill** respectfully advise their relatives and friends that a Memorial Service will be held at Parker Estate, 15688 Riddoch Hwy, Coonawarra, on Tuesday, 3rd October 2023 at 1pm.
As parking may be limited, a bus has been arranged for attendees. The bus will be leaving the Penola Visitor Information Centre at 12:45pm.
Please respond by email to rymillmemorial@gmail.com if you wish to use this service.

Funeral Services

ATKINSON
The family of the late **Mr Jake Atkinson** respectfully advise their relatives and friends that a Memorial Gathering will be held at Lake McIntyre in Millicent on Thursday 5th October, at 11am.

Rosevale
Shelby Cooper
8723 1046
Mount Gambier & Districts

Grab a takeaway coffee and come and say goodbye to Jake at the lake.

Rosevale
Shelby Cooper
8723 1046
Mount Gambier & Districts

Rest in Peace

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Motoring

CX-60 rewrites rulebook

By Derek Ogden, Marque Motoring

It appears the CX-60 has inveigled its way into the Mazda sports utility vehicle family with the bearing of an imperious European aristocrat.

Indeed, an industry specialist who deals with vehicle brands daily says, at first sight, the CX-60 reminded him a lot of a Jaguar.

Mazda makes no bones about taking the Yellow Brick Road to a spot 'over the rainbow' inhabited by the best mid-size SUVs around and the CX-60 debuts with three sophisticated new powertrains - inline-six turbocharged petrol and diesel engines, in mild hybrid guise, plus Mazda's first plug-in hybrid.

In keeping with Mazda's Premium philosophy there are three highly specified grades - Evolve, GT and Azami - which can be customised further with safety and styling option packs.

The Azami test car included the SP Pack, adding even more luxury to the car's character inside and out.

Naturally, this new-found Mazda style and sophistication come at a cost: \$75,000 if you want the test car equivalent.

In contrast, the similar grade cousin CX-5 peaks at around \$55,000.

The flagship CX-60 petrol Azami is the first Mazda plug-in hybrid - the e-SkyActiv PHEV - which tips the scales at \$85,500.

Full range is covered by Mazda's five-year unlimited kilometre warranty, with roadside assistance, and five years of fixed price servicing.

Mazda CX-60 Azami G40e SP M Hybrid is a handsome beast, worthy of the segment known as Japanese Premium.

Mazda never tires of telling us about traditional Kodo design principles and the new CX-60 is no exception.

Finished in Machine Grey Metallic, the test car, with front-engine and rear-biased all-wheel drive, exhibited a powerful connection to the road.

The long bonnet provided more than ample cover for the workings of the in-line six-cylinder petrol engine, which was designated by a dark 'In-line 6' signature on both wings.

Rear combination lights provided signature illumination.

The SP option pack, with 20-inch alloy wheels in black metallic finish, dark-coloured side signature front bumper with gloss black honeycomb-type grille, gloss black exterior mirror and LED headlamps with dark signature was well worth the \$2000 extra.

'Clubby' can best describe the cabin.

Luxury surroundings are matched by space, especially in the back, with the panoramic sunroof opening up the area.

Major leg and toe room complement the soft leather feel.

As with the CX-60 Azami exterior finish, the SP pack added a suede-style dashboard panel, tan Nappa leather seat trim and contrasting stitching, plus a matching two-tone steering wheel.

Boot room is 407 litres with the rear set-backs raised and 477 with them folded (not quite flat). A hands-free remote operated power tailgate does the job when loading / unloading.

While the 12.3-inch infotainment screen is new, it is still controlled by a knob/joystick behind the gearshift and not the touchscreen while on the move.

I'm a fan.

At rest the screen comes to life, by touch, with Mazda Connect.

Satellite navigation and digital radio are included and there is a 12.3-inch TFT LCD multi-information meter, plus a head-up windscreen display.

The Driver Personalisation System, another Mazda innovation, debuts, making it easy for



The new Mazda CX-60 has a bearing beyond its mid-range roots.

drivers to achieve their ideal driving position.

Entering their height via the infotainment centre display, the automatic driving position camera detects the location of the eyes and automatically adjusts the seat, steering wheel, active driving display and door mirrors to match the driver's eye position.

The system uses facial recognition to remember each driver's preferences.

Once the driver is detected, the Mazda CX-60 automatically restores more than 250 stored settings.

Premium Bose audio system boasts 12 speakers.

The six-cylinder 3.3-litre turbocharged petrol and diesel engines are both first-timers, with each utilising Mazda's 48V mild hybrid boost technology.

The large capacity improves efficiency with the higher volume of air enabling more complete combustion and a wider lean-burn range leading to lower fuel use and reduced nitrogen oxide emissions.

All engines in the range are mated with a newly developed Skyactiv-Drive eight-speed automatic transmission.

The CX-60 recently won a five-star ANCAP rating thanks to such things as adaptive cruise control, autonomous emergency braking, pedestrian and cyclist detection, junction assist (turn-across traffic), blind-spot monitoring, driver attention monitoring, forward obstruction warning, high beam control (auto high-beam), lane-keep assist, parking sensors front and rear, cross-traffic alert, surround camera, traffic sign recognition, tyre pressure monitoring and vehicle exit warning.

Azami adds adaptive LED headlights, cruising and traffic support, adaptive cruise plus lane centring, front cross-traffic alert, 360-degree cameras, including see-through view.

The CX-60 'wears' 10 airbags, including front-centre airbag across the range.

The Driver Personalisation System, another Mazda innovation, debuts, making it easy for drivers to achieve their ideal driving position.

Entering their height via the infotainment centre display, camera detects the location of the eyes and automatically adjusts the seat, steering wheel, active driving display and door



mirrors to match the optimum position.

The system uses facial recognition to remember each driver's preferences.

Once the driver is detected, the Mazda CX-60 automatically restores more than 250 stored settings.

The e-Skyactiv turbo petrol engine is smooth and responsive, using a wider gear range that delivers a balance between driving and environmental performance.

However, the stubby gearshift lever requires firm action between 'park' and 'drive' positions.

The ride's a bit lumpy too.

The use of a clutch in place of a torque converter is said to produce clean switching between gears, at the same time enabling accurate control of the hybrid boost electric motor in the 48V mild hybrid system.

Mazda claims fuel consumption of 7.4 litres per 100 kilometres on the urban/highway cycle.

In city and suburbs, with i-Stop in action, the test CX-60 clocked up 9.6 litres per 100 kilometres and 8.8 litres per 100 kilometres

when let loose on the motorway.

Mazda CX-60's unique composition, with front-engine and rear-biased all-wheel drive give you a feeling of stability and confidence with a powerful connection to the road.

Mi-Drive modes - Normal, Sport, Off-road and towing - bring a unique versatility to the CX-60.

There's much (too much in this space) to say about the mid-size five-seat CX-60 and most of it is good.

The innovation and styling, plus little luxuries, have the CX-60 vaulting into the premium SUV segment.

Pity the price bar might be a bit too high for some.

RATINGS

- **Looks:** 9/10
- **Performance:** 8/10
- **Safety:** 8/10
- **Thirst:** 7/10
- **Practicality:** 8/10
- **Comfort:** 6/10
- **Tech:** 8/10
- **Value:** 6/10

Murphies hold out for flag

By Trevor Jackson

UNDER 14 MIXED – GLENCOE 2.11 (23) d PORT MACDONNELL 2.1 (13)

Glencoe claimed the first grand final of the Mid South East football 2023 season, with a 10-point victory over Port MacDonnell.

Played in good conditions at Port MacDonnell, the game panned out as a tough contest for the first half.

The Murphies took the early lead with two minor scores to one in the opening term.

However, the Demons fought back in the second and added a major score to go three points up at the half-time break.

From there the Murphies pulled away, despite some inaccurate kicking in front of goal.

Glencoe added two goals and six behinds in the third term to regain the lead with a nine-point advantage heading into the final stanza.

It was the dominant possession which made the difference, as the Demons added one goal, but still had plenty to do in the final quarter.

Unfortunately they could not add to their score, while Glencoe only put on one more behind but had done enough in the third term to claim the premiership.

Sam Haase kicked both of Glencoe's goals, while the Demons majors were shared between Jett Lewis and Tyler Neale.

Kallan Price, Hamish Gordon, Haase, Tighe Hurley, Kade Mulraney and Leslie Jagger were named best for the victors, while Harry Carroll, Kane Gilbert, Patrick Clarke, Zane Lewis, Charlie Carroll and Naite Fox were best for Port MacDonnell.



CHAMPIONS: Glencoe captains Kallan Price and Tighe Hurley raise the premiership rewards.



FINAL SIREN: Glencoe players celebrate while the disappointment is clear for their Port MacDonnell opponents.



PREMIERS: Glencoe Under 14 Mixed players celebrate their Mid South East football premiership. Pictures: JAMES MURPHY



BEST ON GROUND: Glencoe's Kallan Price was named best on ground in the grand final.



IN FRONT: Glencoe's Thomas Richards takes the front position.



FOCUSED: Glencoe's Samuel Haase takes possession and looks for an option.

Strong field on the green

Ideal conditions attracted a strong field of 43 for the Millicent Bowls Club 2-4-2 last week.

The winning team consisted of Frank Cooper and Kym Stewart with a score of 36+18 shots up.

Runners-up were David Botting and John Buhlmann with a score of 34+19.

Other winning teams were Mary Campbell/Peter Scanlon 32+12; Garry Wilson/Andre Reinders 31+14; Denis Clifford/Neil Whelan 31+7; John Madden/Peter Varcoe 31+3; David Reichelt/Ian Ross 30+18; Jan Buhlmann/Robert Coote/Jim Campbell 30+13; Ros Varcoe/John Drew 29+6; John Eldridge/Lyn Scudds 28+3.



Winners Kym Stewart and Frank Cooper.

Picture: SUBMITTED

Championship places set

COLD, wet and windy conditions faced championship hopefuls in the Millicent Golf Club's women's grade and club championships last week.

Quarter and semi-finals were conducted to qualify for the championships this week over 36 holes.

After a big day on the course the final placings were set, with Kirsty Bailey to face Helen Chilton in A Grade.

In B Grade, Debbie Tincknell will take on Heather Anderson, while Bec Shanks and Julie McKenzie will fight for the C Grade honours.

Picture perfect course

Fast greens and good fairways were welcomed by 72 SE Veterans golfers for their latest round at Naracoorte.

The Monfries and Porter trophy, a long-standing tradition for the group, was played on a course presented in excellent condition.

Darren Earl claimed first division on a count-back from Bill Mullan, both with 37 points.

Brian Foreman finished third with 36 points.

In second division Derek Bowering claimed

them win with 36 points, from John Kirby 35 and Bruce Packer 33.

Nearest the pins were Peter Edwards and Foreman, while the Ross Orchard trophy was taken by Ian Todd and Simon Browning.

The ball rundown required 29 points or more to claim a ball.

Glen Hamlyn was the only local to score anything, grabbing the Scotch.

The next outing is at Penola on October 9, followed by Beachport on October 23.



DROUGHT BREAKING: Kalangadoo players celebrate after their historic Mid South East football Reserves grand final victory on Saturday.

Magpies break drought

By Trevor Jackson

**RESERVES – KALANGADOO 13.4 (82) d
HATHERLEIGH 10.5 (65)**

A barnstorming second term saw Kalangadoo Reserves come from behind to break a long-standing a Mid South East football premiership drought on Saturday at Port MacDonnell.

The Magpies faced a tough Hatherleigh roster and had not won a premiership for 40 years.

They were tardy out of the blocks, as the Eagles took a 14-point lead to the first break and a drought-breaker looked a long way off.

However, the Magpies found momentum in the second quarter and ran with for the remainder of the game.

With six major scores to just two for the Eagles, Kalangadoo closed the margin and drew ahead to the tune of 12 points and continued to stretch the margin after the main break.

Both sides used their possession up forward well, with accurate kicking in front of the big sticks, but it was the Magpies who reaped the benefits in the third quarter with an extra major score to head to the final term with a 17-point buffer.

That was by no means comfortable, as Hatherleigh kicked the first goal of the final term to close the margin to just 10 points.

However, with both sides adding one goal and two behinds to their tallies before the siren sounded, the Magpies celebrated with a well-deserved premiership flag.

Ben Mules was in fine form up forward for the victors, with four major scores, while Tyler Jones (3), Chris Mules (2) and Jacob Simmonds (2) also kicking multiple goals.

For Hatherleigh, Jason Faulkner and Harvey Jones kicked two majors each.

Simmonds, Ben Mules, Nathan Reeves, Jonathan Mules, Justin Mansell and Dylan Barlow were best for Kalangadoo, while Ayden Reid, Matthew Fabris, Faulkner, Josh Wight, Ethan Bowman and Sidney Reeves were best for Hatherleigh.



CONTESTED: Kalangadoo and Hatherleigh players contest a mark.



UP FOR GRABS: Hatherleigh's Ayden Reid and Kalangadoo's Ben Mules contest a mark.



DESPERATION: Kalangadoo's Ricky Lindner and Hatherleigh's Matthew Fabris fight for possession.



BEST ON GROUND: Kalangadoo's Jacob Simmonds was voted best on ground in the Mid South East football Reserves grand final.



TOUGH: Kalangadoo's Chris Mules tackles Hatherleigh's Joe Rayson during the Mid South East football Reserves grand final.



CHEERS: Robe players come together after the final siren and celebrate their grand final victory.



CONTEST: Port MacDonnell's Zeb Chant and Robe's Daniel Nunan contest the ball.

Premier Roosters crow

By Trevor Jackson

**UNDER 17.5 – ROBE 18.13 (121) d
PORT MACDONNELL 10.3 (63)**

Robe's Under 17.5 boys defied the odds and came from fourth place on the ladder to claim the Mid South East football premiership on Saturday.

Despite giving up the home-ground advantage to Port MacDonnell, the Roosters were always in control, with a strong opening term setting the scene.

While the Demons kicked one goal and one behind, the Roosters banged off five major scores and three minors to hold an early 26-point advantage.

The second quarter produced plenty of goals for spectators, with 11 kicked in total and six of those to the Roosters.

The margin had blown out to 33 points at the main break and the Demons had a tough task ahead.

The third quarter put the game to bed, as the Demons could only muster a solitary behind, while Robe continued the onslaught with another six major scores.

While Port MacDonnell won the final term, with four major scores to one, the game was already beyond them and the Roosters celebrated.

In the high-scoring final, there were plenty of goals for the forwards to enjoy.

Max Robertson kicked seven for Robe, Daniel Nunan six and Nathan Gibbons four.

For the Demons, Zeb Chant banged on five, while Brodie Anderson kicked two.

Robertson, Nunan, Gibbons, Flynn Peel and Kaiden Carter were best for Robe, with Chant, Patrick Robinson, Zaylen Smith and Kurtis Laslett best for Port MacDonnell.

Robertson was named best on ground by the officials.



CELEBRATION: Robe players celebrate after their impressive Mid South East football Under 17.5 premiership victory.

Pictures: JAMES MURPHY



BEST ON GROUND: Robe's Max Robertson was named best on ground in the grand final.



PRESSURE: Robe's Seb Moore looks to clear the ball.



ALL SMALLS: Robe's Kaiden Carter and Daniel Nunan celebrate a goal.



PREMIERS: Mid South East netball 17 and Under 2023 premiers, Mount Burr.

Pictures: CHARLOTTE VARCOE



BEST ON COURT: Ella Easterby.

Quick start seals the deal

17 AND UNDER - MOUNT BURR 57 d TANTANOOLA 45

The opening two quarters set up the win for Mount Burr in the Mid South East netball 17 and Under grand final on Saturday.

Mount Burr won the toss and despite strong pressure by Tantanoola scored the first goal. Settling first, the Mozzies pushed out to an early three-goal lead, with Ashlee Dean strong in the circle and shooting accurately.

Unforced errors crept into the game, with both sides seeming to struggle with nerves.

Strong work by the Mozzies in the mid-court forced Tantanoola into unforced errors and as a result they pushed out to an eight-goal lead at the first break.

In the second quarter Dean was again a focal point in the circle, shooting accurately.

Tantanoola goal shooter Bella Poulsh had many opportunities, but Mount Burr goal defence Tilly Gamble made it difficult for Ebony Cytrowski to take possession in the circle, as the Mozzies stretched their lead further by the main break.

The third quarter was a well contested by both sides and despite the heat, they continued to play a fast-paced game.

Centre-court players worked hard for their respective teams, driving to the circle edge to give front feeds to their goalies.

Despite positional changes by the Tigers, Mount Burr was able to maintain consistency. Mount Burr centre Ella Easterby played a solid game, controlling the mid-court.

Both teams started to make errors due to

fatigue and the continual defensive pressure all over the court.

Mount Burr's Macy Burns and Tantanoola's Molly Cushion created turnovers in the last part of the game, which kept the final quarter margin down to two goals.

In the end Mount Burr's quick start helped them to a 12-goal win.

In2 Trophies best on court went to Ella Easterby.



BEST ON COURT: Ava Proserpi-Porta.



PREMIERS: Mid South East netball 13 and Under 2023 premiers, Kalangadoo.

Pictures: CHARLOTTE VARCOE

Strong quarter sets up the victory for Kalangadoo

13 AND UNDER - KALANGADOO 41 d GLENCOE 28

Kalangadoo was too strong in the youngest of the Mid South East netball grand finals on Saturday, with a 41-28 victory over Glencoe.

Both teams began the game nervously, with each team forcing errors to turn the ball over.

The defenders made it difficult for feeders to get the ball into the circle and in a tight

first-quarter tussle, Kalangadoo narrowly edged out Glencoe to go into the first break with a one-goal advantage.

That changed in the second quarter, with Kalangadoo's Molly Peacock able to read the play and pick off easy passes to return the ball into the Magpies' circle.

Goalers Matilda Peacock and Emmity McElroy converted every opportunity to give their team a strong 21-10 lead at

the half-time break.

Glencoe's Annabelle Gordon continuously intercepted defence passes to try and keep the Murphies in the game.

As a result the third and fourth quarters were more even, with Kalangadoo's Ava Proserpi-Porta playing a controlled game through the centre court.

Glencoe's Isabella Brierley battled hard all game to make it tough for Kalangadoo's cen-

tre court to feed the ball easily.

Glencoe continued to fight it out to the end in the final quarter, with Ella Stewart shooting eight goals without a miss.

However, Kalangadoo was able to keep its strong second-quarter lead to finish the game with a 13-goal margin and the premiership flag.

In2 Trophies best on court went to Ava Proserpi-Porta.



TOP OF THE COMP: Jayde Peacock (left) addresses the crowd after Kalangadoo's A Grade netball premiership win.



BLISS: Kalangadoo youngster Chloe Peacock celebrates her A Grade success on Saturday.



BEST ON COURT: Abbey Duncan.

Kalangadoo back to best

A GRADE - KALANGADOO 66 d TANTANOOLA 40

Kalangadoo claimed a strong Mid South East netball premiership over Tantanoola on Saturday, despite an even start to the contest.

The Magpies won the toss and scored the first goal through Ebony McDiarmid, but Tantanoola settled with a long-range shot from Keryl Ousey.

A Tantanoola missed shot was rebounded by Kalangadoo and they capitalised.

Tantanoola's goalies Emma Gould and Ousey were shooting confidently and they were the first to settle, pushing out to a three-goal lead early in the quarter.

However, Kalangadoo showed its finals experience to level the scores at the five-minute mark.

Lauren Kain turned over Tantanoola's centre pass and Abbey Duncan converted through a long-range shot.

Tantanoola wing defence Casey Walker applied plenty of pressure on youngster Chloe Peacock, but patience in the Kalangadoo forward half was rewarded with goals, giving them a three-goal lead at quarter time.

McDiarmid once again scored the first goal of the second quarter despite hard work in

defence by Tantanoola.

As the game progressed the Tigers struggled with their transition through the mid-court and despite plenty of hard work defensively, Kalangadoo missed only one goal for the quarter to push out to a 16-goal lead at the main break.

At half time the Tigers made wholesale changes across the board, with Ousey into goal keeper, Jamie Walker into goal attack, Emma Gould to goal shooter, Casey Walker to wing attack, Kate Bromley to wing defence and Tayla Rowe to goal defence.

This seemed to unsettle the Magpies' shooting end, with both goalies missing a number of shots.

However, rebounds did not go in the Tigers' favour and the Magpies pushed out their lead to 23 at the final break.

The Tigers battled hard throughout the last term and ensured the lead did not blow out much more, but the damage had been done in the middle two quarters.

In the end Kalangadoo claimed its 25th premiership after 30 continuous grand final appearances.

The In2 Trophies best on court went to Abbey Duncan.



PREMIERS: Mid South East netball 2023 A Grade premiers, Kalangadoo. Pictures: JAMES MURPHY



EMBRACE: Lara Munro and Jayde Peacock after the A Grade win.



WHAT A FEELING: Jane Auld celebrates her A Grade premiership with her daughter.

Magpies fly high and claim the premiership win

15 AND UNDER - KALANGADOO 67 d HATHERLEIGH 30

A solid four-quarter effort by Kalangadoo gave them the Mid South East netball 15 and Under premiership on Saturday, with a 37-goal victory over Hatherleigh.

Hatherleigh won the toss, but Kalangadoo broke the pass and settled to shoot the first five goals of the game in quick succession.

Hatherleigh took a while to settle.

Chloe Peacock was solid for the Magpies and her goalies Shayden Russell and Lucy Egan shot with accuracy.

Hannah Bellinger worked hard at goal defence for the Eagles for the whole four quarters, while Kalli Nettle worked overtime in the shooting circle.

However, overall Kalangadoo had more experience, with strong leadership from Peacock, to win by 37.

In2 Trophies best on court went to Chloe Peacock.



PREMIERS: Mid South East netball 15 and Under 2023 premiers, Kalangadoo.

Pictures: JAMES MURPHY



BEST ON COURT: Chloe Peacock.

Roosters far too strong

A RESERVE - ROBE 45 d KALANGADOO 30

Robe was simply too strong for Kalangadoo in the Mid South East netball A Reserve grand final on Saturday, claiming a comfortable 15-goal victory.

In the first quarter both teams played with nerves, but it did not take long for the Roosters to find their feet.

Robe defenders Kim Austin and Alannah Jennings made it difficult for the Kalangadoo goalies to find their range in the circle and took many intercepts, limiting the Magpies' goalies to just three for the quarter.

In contrast, Robe's attacking end worked hard to keep possession of the ball and moved the ball into the circle confidently, with 13 goals to take a strong early lead.

In the second quarter Kalangadoo came back fighting.

Defenders Reanna Wetherall and Georgia Duncan put pressure on the Robe shooters and used their ability to confidently read the play to get turnovers.

Melissa Russell came on in goal shooter, moving well in the circle and creating more scoring opportunities for Kalangadoo.

The Robe mid-court put the pressure on down the court, Keryn Moore, Jennings and Kim Ross getting deflections in the transitions.

The Roosters went into the break with an 12-goal lead.

In the third quarter, Robe's goalies started with confidence, Ash Hunt and Sarah Laurie playing strongly in the circle.

Kalangadoo swapped defenders Duncan and Weatherall, making Robe work harder



PREMIERS: Mid South East netball 2023 A Reserve premiers, Robe.

Pictures: CHARLOTTE VARCOE

for every shot and continued the pressure throughout the mid-court.

Shanae Neale entered the game at wing defence for the Magpies and youngster Georgia Gentile moved to centre.

Robe also replaced Kerryn Moore with Maisie Hayes at wing defence.

Both Ross and Gentile ran hard during the quarter to get plenty of the ball.

It was the most even quarter of the game, with eight goals scored by each side.

Emilie Gould came on with fresh legs at the three-quarter time break and the whole Robe team played the quarter with determination and grit.

Both teams fought until the end, but Robe increased its lead to take out the game by 15.

In2 Trophies best on court went to Alannah Jennings.



BEST ON COURT: Alannah Jennings.

Two-goal victory in overtime

B GRADE - KALANGADOO 44 d ROBE 42

In the tightest contest of the Mid South East netball grand final day, Kalangadoo managed to squeeze out an overtime win over Robe in the B Grade match.

Robe had much of the play in the first quarter, but failed to capitalise on its opportunities, being one down at quarter time.

The second quarter went much along the same lines, with hard defensive work by Emily Mulraney combining well with Demi Ingley to restrict opportunities for Robe's goalies.

It resulted in an even quarter, with still just one goal favouring Kalangadoo at the main break.

The Roosters made changes at halftime which unsettled them in the third, losing the quarter by six.

That was important in the scheme of the game, as Kalangadoo took a seven-goal advantage to the final stanza.

In the last term Robe moved Ella Mackey to centre, brought Amy Weatherall on at goal shooter and Libby Yeo to goal attack.

It appeared to work as the Roosters pegged the lead back to even the score at full time.

In the end Kalangadoo took the win by two goals in overtime.

In2 Trophies best on court went to Emily Mulraney.



BEST ON COURT: Emily Mulraney.



PREMIERS: Mid South East netball 2023 B Reserve premiers, Hatherleigh. Pictures: CHARLOTTE VARCOE

Going down to the wire

B RESERVE - HATHERLEIGH 43 d MOUNT BURR 38

HATHERLEIGH and Mount Burr faced off in the Mid South East netball B Reserve grand final, with the game close until the very end.

Mount Burr had an early lead, with goalies Sophie Jankowski and Karen Hayward shooting with accuracy, going into the first break with a four-goal advantage.

Changes were made by both teams with Sally Bateman entering the court at centre for the Eagles and Mia Grant at wing defence for Mount Burr.

The defensive line-up for both teams fought hard for every possession, converting with ease through their accurate goal shooters.

Dawn Smith and Bec Fox applied intense pressure to Hatherleigh's goalies, limiting their rebounding opportunities.

The Eagles fought hard in the second quarter to have a five-goal turn around, sending them into the half-time break with a one-goal lead.

The second half saw a defensive change for both teams and the Mozzies moved Ava Smith-Muhovics into goal attack, with Hayward going to the bench.

The change had impact for the Mozzies,



BEST ON COURT: Eliza Burton.

Smith-Muhovics using her accuracy in the goal circle to shoot the majority of the goals for her team in the second half.

Hatherleigh extended its lead further in the third quarter, with Eliza Burton shooting 12 of the 16 goals for the Eagles.

Mount Burr fought hard in the last quarter, only missing one goal between the two goalies, but Hatherleigh had put in the hard work in the middle two quarters to come away with the win.

In2 Trophies best on court went to Eliza Burton.



PREMIERS: Mid South East netball 2023 B Grade premiers, Kalangadoo.

Best of the best for league

Klas Bilt Champion club of the Year: Port MacDonnell Football Club

Runner-up: Hatherleigh Football Club.

Glenelg Trophy: Port MacDonnell Football Club.

Senior Coach of the Year: Shane Raymond, Nangwarry.

SENIORS

- Best and fairest – Mail Medal: Josh Woodall, Port MacDonnell, 24 votes – donated by Sunday Mail.
- Runner-up best and fairest – Walker Medal: Jed Telfer, Hatherleigh, 18 votes – donated by Walker Family.
- Leading goal kicker: Jack Gregory, Mount Burr, 65 goals – Trophy donated by Seebohm Sportspower.
- Bill Hanel Memorial Under 21 Award: Kallan Bevan, Mount Burr – Trophy donated by Hanel Family.
- Klas Bilt best backman award: Brandon Pitts, 37 votes.
- Matthews Petroleum most valuable player: Dylan Ridley, Mount Burr, 29 votes
- Triple M “Farmer” Phil Scanlon Memorial Rookie of the Year: Cade Kelly, Tantanoola.

RESERVES

- Reserves best and fairest – Carthew Medal: Ethan Bowman, Hatherleigh, 25 votes – do-



MOST VALUABLE PLAYER: Dylan Ridley.

- nated by Bruce and Arvan Carthew.
- Runner-up best and fairest: Nathan Reeves, Kalangadoo, 19 votes – Trophy donated by Glenelg Football Club.
- Leading goal kicker: Harvey Jones, Hather-

leigh, 40 goals – Trophy donated by Teagle Contracting.

SENIOR COLTS

- Best and fairest – Malseed Medal: Cade Kelly, Tantanoola, 33 votes – Donated by Jason Malseed.
- Runner-up best and fairest: Lachlan Brierley, Glencoe, 26 votes – Donated by Jo Dean.
- Leading goal kicker: Cade Kelly, Tantanoola, 78 goals – Donated by Glenelg Football Club.
- Joint Player of the Year Award – Jim Maney Memorial Trophy: Cade Kelly, Tantanoola; Lachlan Brierley, Glencoe, 12 games – Donated by Maxine Maney.

JUNIOR COLTS

- Best and fairest – Mansell Medal: Kallan Price, Glencoe, 40 votes – Donated by the Mansell Family.
- Joint runner-up best and fairest – George Considine Memorial: Ryan Lucas, Kongorong, 32 votes; Harry Carroll, Port MacDonnell, 32 votes.
- Leading goal kicker: Tom Richards, Glencoe, 54 goals – Trophy donated by Peter and Naomi Mitchell.
- Player of the Year Award: Kallan Price, Glencoe, 16 Games - Donated by Barry Maney Group.
- Junior coach of the year: Matthew Fox, Port MacDonnell.



BEST AND FAIREST: Josh Woodall. Pictures: FILE

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Mid South East netball crowns top players

A GRADE

- Best and fairest donated by Jenny Waugh: Abbey Duncan, Kalangadoo.
- Runner-up best and fairest donated by Thomas Foods International: Sarah Edwards, Glencoe.
- Best Under 21 donated by Kirsty Johnson: Chloe Peacock, Kalangadoo.

SENIOR CONSISTENCY AWARD

- Donated by Kimberly Clark Australia – Cody Manning, Port MacDonnell, Abbey Duncan, Kalangadoo and Eliza Burton, Hatherleigh.

2023 Team of the Year, sponsored by McDonald's Restaurant, Mount Gambier

- Goalies: Ebony McDiarmid, Kalangadoo; Emma Gould, Tantanoola; Abbey Duncan, Kalangadoo.
- Mid-Court: Jayde Peacock, Kalangadoo; Lucy Perkins, Robe; Laura Schultz, Mount Burr; Annie Regnier, Robe.
- Defenders: Sarah Edwards, Glencoe; Emma Wheal, Robe; Lara Munro, Kalangadoo.
- Coach: Leah Ousey, Tantanoola.
- Pictured: Leah Ousey (back left), Ebony McDiarmid, Emma Gould, Lara Munro, Emma Wheal, Sarah Edwards, Abbey Duncan (front left), Jayne Peacock, Annie Regnier, Laura Schultz, Lucy Perkins.

A RESERVE

- Best and fairest donated by Maureen Ey: Cody Manning, Port MacDonnell.
- Runner-up best and fairest donated by Kimberly Clark Australia: Kim Ross, Robe.

B GRADE

- Best and fairest donated by life member Carmel Chapman: Demi Ingley (absent)
- Pictured Ella Mackey and Life Member Carmel Chapman
- Runner-up best and fairest donated by Somerset Hotel/Motel: Ella Mackey, Robe.

B RESERVE

- Best and fairest donated by IN2Trophies



TEAM OF THE YEAR: Leah Ousey (back left), Ebony McDiarmid, Emma Gould, Lara Munro, Emma Wheal, Sarah Edwards, Abbey Duncan (front left), Jayne Peacock, Annie Regnier, Laura Schultz, Lucy Perkins.
Picture: SUBMITTED

Monogramming and Workwear: Eliza Burton, Hatherleigh.

- Joint runners-up best and fairest donated by Frank Brennan Consulting Services: Sophie Jankowski, Mount Burr and Jodi Greenwood, Kalangadoo.

CLUB OF THE YEAR

- Donated by Kimberly Clark Australia: Kalangadoo Netball Club.

PERPETUAL GOAL THROWING AWARD

- Kalangadoo Netball Club.

LIFE MEMBERS

- Sara Gray and Jacqui Cocks were awarded with MSENAs life membership for their work and dedication to the association.

17 AND UNDER

- Best and fairest donated by the Serle family: Ella Easterby, Mount Burr.
- Runner-up best and fairest donated by

South East Property Sales and Management: Evie Sealey, Kongorong.

JUNIOR CONSISTENCY AWARD

- Donated by life member Necia Evans: Evie Sealey, Kongorong.

15 AND UNDER

- Best and fairest, Theresa Fennell Memorial donated by Fiona Wilson: Bailee Lewis, Port MacDonnell.

- Joint runners-up best and fairest donated by Thomas Foods International: Chloe Peacock, Kalangadoo and Kalli Nettle, Hatherleigh.

13 AND UNDER

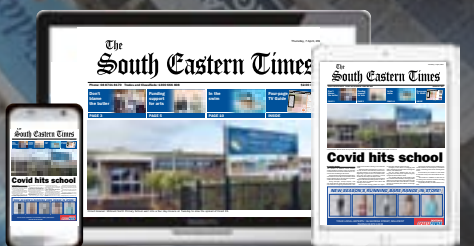
- Best and fairest donated by Raelene Smith: Matilda Peacock, Kalangadoo.

- Runner-up best and fairest donated by Kimberly Clark Australia: Livvi Faulkner, Hatherleigh.

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'Dream end' claims coach

By Trevor Jackson

BACK-TO-BACK premierships was hardly on the Kalangadoo radar when the 2023 Mid South East football season kicked off.

The Magpies had lost a few players from the 2022 premiership winning-roster and Alex Lyon had taken over the reins as coach.

The first half of the season did not provide a lot of hope of achieving back-to-back glory, but then the Magpies began to find their mojo.

In the end they finished second after the minor rounds, with just four losses registered, behind Port MacDonnell, who had lost just two games.

The Demons were bundled out of the finals race and Hatherleigh was the opponent in the big game.

The Eagles had enjoyed a similar trajectory in their journey to the grand final, with both sides appearing to peak at the ideal time.

A tough contest was expected and that is how it panned out.

With just minutes on the clock the Kalangadoo lead went from three points to six and when the final siren sounded, the fans erupted.

For Lyon, it was a dream ending to a tough season.

"It was a super game of footy, one of the best games I have been a part of in terms of intensity," he said.

"They (Hatherleigh) were really impressive with how hard they were.

"They were very hard edged and very desperate.

"Both teams had an equal amount of will, but we were just able to get the win which was great."

Lyon recounted the final minutes of the game, including a moment where he dropped the football in front of four Hatherleigh players to allow the Eagles to close the margin.

He said it was a nervous time, but some important flows of play ensured the Magpies remained in front.

"There was a crucial contest with Ethan Maney and Tom Hutchesson with about a minute left on the clock," he said.

"Tom was able to get that footy to ground which was pivotal.

"Mitchell Lowe's effort in the last quarter across centre-half-back line was astronomical with his intercept marks.

"He was absolutely super.

"And our mid-field just didn't stop.

"Lachy Jones was super-impressive and super-desperate."

As for the what the Eagles brought to the grand final, Lyon said it was not what he expected.

"I pride our footy on our pressure," he said.

"Whether our stats guy got this right or not I don't know, but we had 73 tackles and they absorbed every one of them.

"Then they threw it back at us.

"They are known for being a skill-based team that moves the footy quickly with good skills, but they were a different team on Saturday.

"They were tough and hard edged.

"Rigger (Gerard McGrath) has done a superb job with them.

"He lost a few players too and had to develop the side, so he did a really good job."

Once the final siren sounded the reality of back-to-back premierships began to set in, but Lyon said it was more about the achievement on the day.

"Back-to-back premierships does take it to another level," he said.

"But it is a different group from last year.

"There were a few of us who did achieve back-to-back, but it did feel like an isolated premiership in a way.

"From a club point of view we are well aware we went back-to-back and we are very proud of it."

Considering the start the Magpies had to the season, Lyon said it was an extremely satisfying end.

"This season we felt like we hit reset a little bit with the group," he said.

"We showed a lot of strength of character because we weren't looking that flash at the start of the season.



PREMIERS: Kalangadoo players celebrate after the 2023 Mid South East football A Grade premiership.

Pictures: JAMES MURPHY



THUMBS UP: A simple thumbs up was all that was needed from Lachy Jones.



JOY AND SORROW: The joy of Kalangadoo after winning a premiership, with the disappointment of Hatherleigh in the shadows of loss.

"We were looking a little bit ordinary, our game style was ordinary and we were underperforming.

"To rise the way we did after the Mount Burr loss, moving forward from there we steadily rose up the ladder and our footy rose that little bit right up until it hit its peak in the grand final, which was very satisfying."

Of course the celebrations were long and hard, with the community supporting both the football and netball sides.

Lyon said the club was an amazing place to be on Saturday night and Sunday.

"We had four flags brought home from the netball girls," he said.

"The connection between them and the footy was great – they all sung the song with us after the game.

"The feel back at the club was electric Saturday night, then on to Sunday the whole community was around us.

"It is a pretty amazing spot to be."



CHEERS: Kalangadoo's Mitch Lowe - voted best on ground in the grand final - and coach Alex Lyon hold up the spoils of victory after the Magpies' Mid South East football premiership win.

Pictures: JAMES MURPHY



JOB DONE: Kalangadoo players celebrate immediately after the final siren.

While Lyon said the Reserves players joked their premiership flag was more important, he said overall it was an amazing achievement."

"It will probably never happen again in our lives," he said.

"We haven't done a club double with A Grade and B Grade on the footy side of things since 1984 or 1983.

"I think the last time in the league was Mount Burr in 2012, so it was a super achievement."



MEN'S PREMIERS: Saints - Jackson Bowden, Austin Fuller, Harry Mules, Cam Slape, Jackson Dean, Jack Haggett, Ollie Braun, Tanner Milne, Oskar Howell, coach Darren Dean.

Magic Saints win titles

The Millicent Magic basketballers, the Saints carried, on from the swag of premierships won in Western Border Football and Netball last weekend by capturing the men's and women's South East Coast Basketball League winter premierships played at the Peter Seebom Stadium last Wednesday.

A buzz of excitement and anticipation was evident as a large and vocal crowd assembled to enjoy top regional basketball between Saints and Bulldogs, who have displayed a healthy rivalry and mutual respect over the seasons of competition.

WOMEN: SAINTS 68 (E. Easterby 26, P. Venn 21, M. Burke 15) d **BULLDOGS** 50 (T. Human 11, K. Collins 10, S. Adams 9)

The night opened with the women's final, a repeat of the second semi-final in which Bulldogs accounted for the home side by 10, 65-55.

However, the return from long term injuries of State Junior squad members, Edie Easterby and Poppy Venn cast a different light on the game.

It took just a minute for Easterby to announce her return for Saints with a three-pointer and then the game became a free flowing, even contest, highlighted by a run of scores from beyond the arc.

At half time Saints had six threes, with four from the hot hands of Easterby and four from Bulldogs.

A point of interest, Ava Collins and Tenille Human, key players for Bulldogs this season, had just one point and five respectively at half time.

Saints knuckled down and played sustained defence after the main break to grab the edge over Bulldogs in the third quarter.

Class trio MacKenzie Burke, Easterby and Venn converted consistently to outscore Bulldogs 20-12.

With Saints having a strong grip on the flag at three quarter time, the game became an end-to-end contest in the final 10 minutes of the season.

SA Country State squad member Burke was named most valuable player for the grand final.

MEN: SAINTS 103 (J. Haggett 40, J. Bowden 26, A. Fuller 20) d **BULLDOGS** 90 (S. Lock 23, S. Berkefeld 20, H. Wright 13, D. Reid 13).



WOMEN'S PREMIERS: Saints - Coach Damien Venn (back left), Lillie Paul, Edie Easterby, Ashlee Dean, Asha Gysbers, Niah Faulkner (front left), Mia Gysbers, Piper Paul, MacKenzie Burke, Poppy Venn. Pictures: TANIA MILLARD

It was nothing short of a master-class performance by Saints men in the first quarter of the grand final when they played with structure, based on team-work and composure to set the foundation for the 2023 SECBL winter premiership.

Engineers of the scintillating basketball were twin towers Jackson Bowden with 11 points and Jack Haggett with nine.

Bulldogs players applied themselves defensively and managed to curb the Saints' first quarter dominance.

Simon Berkefeld, in his typical never-beaten approach, led by example to score eight points in the 25-23 second quarter.

On the other hand, Saints kept the score-

board ticking over through a spread of scorers.

The third quarter developed into a free-scoring, even contest in which Haggett and Bowden were the go-to players for Saints.

Meanwhile Bulldogs stuck at their tasks of playing catch-up basketball, as talented Harry Wright finished off with 11 points for the term.

Bulldogs' players, to their credit, continued to chip away at the formidable margin in the final quarter.

With around four minutes left on the clock the margin was a mere four points and game on, on the back of a scoring cameo from Bulldogs' coach Shaun Lock.

Saints then regrouped and re-established their double figure margin, 103- 90 at



MBP: Grand final MVP MacKenzie Burke.



MVP: Men's grand final MVP and recipient of the Bill Cook Memorial Award, Jack Haggett, Saints.

the final siren.

Haggett scored consistently over the 40 minutes to compile 40 points as well as have an impact in the defensive keyway and hence was named MVP for the grand final.

2023 Winter SECBL most player awards

- Women: Tenille Human, Bulldogs, 25 votes; runner-up, Cara Nulty, Roos, 17 points.
- Men: Simon Berkefeld, Bulldogs, 33 votes - 20th Award after his first in 2005/2006 Summer Season - Runner-up Jack Haggett, Saints, 29 votes - Third consecutive win.

Junior perpetual awards

- Women: Tenille Human, Bulldogs, 25 votes.
- Men: Jack Haggett, Saints, 29 votes.